



St. Stephen's Newsletter

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WELLNESS: A WAY OF LIFE

“

It's no coincidence
that four of the six
letters in health heal.

- Ed Northstrum

HOLISTIC HEALING

Holistic Healing is the quest for optimal health and wellness of a human being. The word 'holistic' simply encompasses the mind, body, and spirit, which can bring out the healthiest, happiest version of us. It empowers individuals to take responsibility for the development of their abilities.

Numerous activities along with education provide students with the tools they need to manage multiple responsibilities and develop positive relationships. This brings out the happiness quotient in every student making them achievers in their field.

The holistic approach at St. Stephen's encourages students to perform better academically, promote overall well-being, brings creativity and innovation, and develops leadership skills.

To meet the rigours of the world, students need to have a holistic approach to the 21st Century Skills, the support of the four Cs, namely, critical thinking, creative thinking, communication, and collaboration.

This was evident in our students' whole hearted participation in the School activities as well as inter-school fests and district level tournaments where they won laurels. These activities helped identify the talents of students and exposed them to the right opportunity.

A holistic approach is all about a balance in life, and Stephanians show the same fevour in academics as they do in co-curricular activities.

To end with a quote, "Healing begins when we treat ourselves with the same kindness and compassion we offer to others."

- THE EDITORS

OUR PRIORITIES

St. Stephen's is committed to Making Quality Education Accessible and building the character of its students by inculcating the values of Self Discipline, Integrity, Mutual Respect, Pursuit of Excellence, Learning for Life and Environmental Management (SIMPLE). The School will build language fluency and improve reading habits of the students and will also continue to introduce one educational innovation each year to make learning more meaningful. The School will continue to be a model employer and invest in teacher training and development.

CAMPUS STORIES

Twentieth Dr. (Mrs.) Deepa Martins Memorial Lecture Journey Towards Empowerment

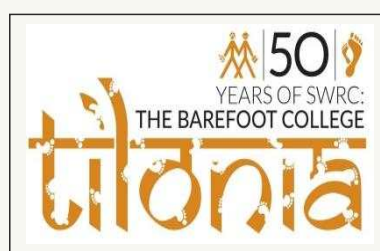


'Memories may fade as the years go by but they won't age a day.'

Memorial Lectures preserve the legacy and memory of individuals who have had a significant impact on those associated with it. The Dr. (Mrs.) Deepa Martins Memorial Lecture is always a much awaited event as the School celebrates the birth anniversary of our Founder Secretary Dr. (Mrs.) Deepa Martins by inviting eminent speakers whose thoughts and works radiate the values and beliefs she practiced throughout her life. We were honoured to have the keynote speakers, Ms. Aruna Roy, social activist and recipient of the Ramon Magsaysay Award, Shri Bunker Roy, noted social activist, an educator and the founder of Barefoot College, Tilonia and Shri Shankar Singh, RTI activist and founder member *Mazdoor Kisan Shakti Sangathan* at the Twentieth Dr. (Mrs.) Deepa Martins Memorial Lecture on April 5, 2023. The speakers were accompanied by Shri Ramnivas, Shri Ramlal and Shri Satyanarayan from the communication team of the Barefoot College. The speakers delivered the keynote address in a conversational style and called it '*Baaton Baaton Mein*'- The Journey of the Barefoot College Social Work and Research Centre (SWRC) Tilonia and the *Mazdoor Kisan Shakti Sangathan* (MKSS). They gave

us a deep insight into the 50 years of struggle and achievements of the Barefoot College, Tilonia as well 33 indefatigable years of the organization in an interactive session through songs and visuals.

Both the organizations have played instrumental roles in empowering marginalized communities and



addressing critical issues. The Barefoot College, founded by social activist Shri Bunker Roy, focuses on providing education and training to rural communities,

with a particular emphasis on empowering women. Their approach involves encouraging local knowledge and self-reliance, enabling individuals to



become agents of change within their own communities.



The lecture also highlighted the innovative programmes of the Barefoot College such as training rural women to become solar engineers, healthcare providers and educators.



The foundation of the *Mazdoor Kisan Shakti Sangathan* was laid in a small hut at Devdungri, and achieved a new dimension after

undergoing through various struggles. It is an organization that played a pivotal role in advocating

transparency and accountability through the RTI Act in India. This organization founded by Ms. Aruna Roy and Shri Shankar Singh, mobilized rural workers



and farmers to demand their rights and access to information.



Ms. Aruna Roy said that we can learn aspects of life even while living in the midst of rural environment. She emphasized on how the process of democracy was understood through children's parliament and got inspired to adopt the message of the constitution. She also said that we should feel proud to be a *Rajasthani* because the credit goes to Rajasthan as the movement for the RTI started here. The lecture shed

light on the significant milestones achieved by MKSS and their relentless efforts in empowering citizens to hold government and institutions accountable. Shri Shankar Singh, provided further insights into the organization's journey and its collaboration with the Barefoot College.

He spoke about the synergies between the two organizations and how they have worked together to promote social justice, rural empowerment, and sustainable development. He also discussed the role of movements in advocating social change and the challenges faced in their journey.

Ms. Roy concluded with a slogan on justice and equality, '*Nyaya samanta ho aadhar, aisa rachenge hum*



sansar'. The lecture inspired the audience to carry forward the vision of social justice and empowerment. It provided a platform for knowledge-sharing and reflection on the remarkable journeys of the Barefoot College and MKSS, emphasizing their contributions toward creating a more inclusive and equitable society.

IN MEMORIAM



On April 21, 2023 the School held a memorial service in memory of Dr. (Mrs.) Deepa Martins to mark her twentieth death anniversary that falls on April 22. The memorial service began with lighting of the lamp, symbolizing the guiding light that she provided to our institution. The atmosphere was filled with the harmonious sound of the devotional prayers sung by the School choir. The students read excerpts from her anthology '*Kurja Ki Ter*', which not only showcased her literary contributions but also highlighted her insightful perspective of life. The students spoke about optimistic thinking, the importance of good health, and the significance of fostering meaningful friendships which reflect the relevance in today's society. In celebrating her life, we celebrate the values that Ma'am Deepa stood for—values that will undoubtedly continue to enrich the lives of those who came in contact with her. A floral tribute was offered at the end of the service.

PRIMARY ART EXHIBITION

The world is but a canvas to our imagination



Growing and Learning

Parent Orientation

A student's academic and all-round development is not just up to the school, parents are the quintessential collaborators in this process. An orientation programme was organised for the parents



of classes Nursery to H.K.G. on March 28 and March 29, 2023 to familiarize them with the curriculum, rules and regulations, teaching methodologies and the co-scholastic activities of the School.

The parents need to be involved at every step so as to keep track of the progress

their ward is making during the academic year as 'partners in progress.'

The Orientation commenced with a thought: 'A new school year means new beginnings, new adventures, new friendships, and new challenges.' The parents were welcomed to the new academic session and were briefed about the history of the School, its Motto, Vision, Mission, and Core Values. They were apprised about healthy eating habits and other requirements of



the students. Through this orientation programme, the School apprised the parents about the curriculum, phonic sounds, language and communication, NEP, ECCE (Early Childhood Care and Education), FLN (Foundational Literacy and Numeracy). Parents

were informed that various activities are being done with little learners to develop different skills like motor skills, listening, speaking, reading & writing skills (LSRW), sensory skills, numeracy skills, value education, *Jodo Gyan*. All these play an important role in the development of the learner's life.

The parents also interacted with the teachers, and placed their queries. This open discussion helped in finding acceptable solutions for the problems that parent put forward. The orientation programme proved to be a success for the School Management in educating the parents to look after and guide their children in a proper manner.

Vegetable Block Printing

'Art is natural as sunshine, as vital as nourishment.'

The students of classes Nursery to H.K.G. participated in a Vegetable Block Printing activity on April 21, 2023.

The students used different vegetables to create block printing patterns on the borders of envelopes. This develops and strengthens fine motor skills and leads to improving hand-eye coordination.



National Handloom Day (Tie and Dye Activity)



"In the tapestry of life, we're all connected. Each one of us is a gift to those around us helping each other be who we are, weaving a perfect picture together."

A 'Tie and Dye' activity was held on August 7, 2023 for the students of classes III to V. The theme of National Handloom Day this year was 'Handlooms for Sustainable Fashion'.

The students were apprised of the origin and history of Tie and Dye printing in India. Using the folding technique they were able to create beautiful effects on a cotton cloth/wet tissues and made vibrant patterns using this technique.

Nurturing Skills Beyond Academics

Wreathing a Floral Crown

The students of classes Nursery to H.K.G. were given outline images of flowers, leaves, celestial bodies and animals to colour on July 14, 2023. This helped them to work on their fine motor skills of holding crayons.



Igniting Imagination

An activity on 'Designing a Book' was held for the students of classes I to V on April 29, 2023 to commemorate World Book and Copyright Day which fall on April 23. Children designed their own book consisting of six pages. Through this activity



students expressed their creative imagination.

Music is poetry of the soul

The Inter-House English and Hindi Choral Elocution was held on May 5, 2023 for the students of



classes IV and V respectively. The students recited poems based on the theme 'Heal the World'. This activity helped to improve oratory skills, voice modulation, build self-confidence, and self-expression of the students. Green House, Red House and Gold House secured the First, Second and Third positions respectively in the Hindi Choral Elocution. Gold House, Red House and Blue House secured the First, Second and Third positions respectively in the English Choral Elocution.

Stories and Fantasies

An activity titled 'Story Retelling' was organised for the children of classes I and II on July 8, 2023. Students narrated enthralling stories using a variety of interesting props. They employed powerful storytelling techniques like enactment and voice modulation. This activity promoted listening and speaking skills, comprehension and glossary advancement.



FOUNDATION DAY

Dreams we built upon and the legacy we continue to create



The 39th Foundation Day and Initiation Ceremony of the School Officials was celebrated on July 4, 2023, on the theme 'Holistic Healing'.

The endeavour of imparting valuable education started long back in the year 1985 with a 'dream' nurtured by sheer dedication and perseverance, fortified by unrelenting hard work and passion of our founders, Shri Gilroy Martins and Dr. (Mrs.) Deepa Martins who established our School on July 4, 1985. The dream of providing holistic education to the students of Ajmer, along with values and principles started with humble beginnings. Today, St. Stephen's is an established name in the field of education. We paid tribute to the legacy of our founders by rekindling the testimony of their strength, talents and the many lives that they touched. The programme began with the lighting of the lamp before the portraits of Shri Gilroy Martins and Dr. (Mrs.) Deepa Martins. The School choir presented a melodious song 'Showers of Blessings' that gave the message of hope, gratitude and a reminder of God's unfailing love and provision. A medley manifesting the immense power of music and dance was presented, which was followed by an English Skit titled 'The Journey to Wellness: Embracing School and Support', which focused on the importance of taking help from mentors and peers.



Responsibility comes with being inheritors of a proud and rich legacy.

The solemn Initiation Ceremony symbolizes the start of one's journey, shouldering both faith and responsibilities that are fulfilled by the office-bearers. The officials were led for the pipping ceremony by the School Captain, followed by the Captains and Junior Captains of the four Houses. The School Captain Tanushree Jain (XII-Arts) delivered a speech urging the students to share their ideas with the student officials and requested them to practise the Core Values of our School on campus and outside the School premises. The Principal, in his address, highlighted the significance of our founders' values and ideals, which even today serve as the guiding vision for our school. By acknowledging the School's roots and principles, he emphasized on the importance of staying

connected to its core values. He encouraged the young leaders to focus on cultivating essential leadership traits that lead to great success.

The Director, inspired the students through the School's growth story by reflecting on the journey of the institution. The students were reminded of the challenges it overcame and the progress it has made since its

inception. She emphasized that responsibility comes with being inheritors of a proud and rich legacy, which we must with ceaseless devotion, continue to carry forward in our lives. She enlightened the students by telling them, great leaders are those who shape the future rather than being shaped by events.

To celebrate the Foundation Day, various activities were conducted. The students of Pre-Primary designed Finger/Thumb Print cards. A craft making activity was conducted for the students of classes I to III. Students of classes IV and V, depicted the core values SIMPLE and the theme of the academic year 'Holistic Healing' on cardboard, boxes. An activity on School Logo Designing was conducted for the students of classes IV to VIII. In keeping with the theme, 'Holistic Healing', the students of classes VI to VIII, designed posters.

STUDENT OFFICIALS

School Captain



Tanushree Jain
(XII-Arts)

School Sports Captain



Nutan Choudhary
(XII-Sc.)

Stephania Editor



Swapnil Goyal
(IX-A)

Stephanian Editor



Aanchal Khatri
(IX-B)

GOLD HOUSE

Captain



Bhavya Jain
(XII-Com. B)

Vice Captain



Rohit Athwani
(XI-Com. A)

Vice Captain



Krishna Tolwani
(XI-Com. B)

Sports Captain



Jennis Manoj Ojha
(XI-Sc.)

Jr. Captain



Daksh Vaishnav
(VIII-A)

Jr. Captain



Jiya
(VIII-A)

RED HOUSE

Captain



Heyanshe Pant
(XII-Arts)

Vice Captain



Shubham Rathore
(XI-Sc.)

Vice Captain



Amit Danga
(XI Com. A)

Sports Captain



Dherya Tepan
(XI-Arts)

Jr. Captain



Jayesh Keswani
(VIII-B)

Jr. Captain



Lakshya Maharshi
(VIII-D)

BLUE HOUSE

Captain



Unnati Bhagchandani
(XII-Com. B)

Vice Captain



Puru Vijay Soni
(XI-Sc.)

Vice Captain



Aryan Choudhary
(XI-Sc.)

Sports Captain



Divyam Pratap Singh
(XI-Arts)

Jr. Captain



Yashasvi Chaturvedi
(VIII-A)

Jr. Captain



Aarya Dubey
(VIII-A)

GREEN HOUSE

Captain



Jiya Chandiramani
(XII-Arts)

Vice Captain



Megha Singh
(XI-Sc.)

Vice Captain



Himanshi
(XI-Com. A)

Sports Captain



Ujval Mulani
(XI-Com. A)

Jr. Captain



Parikshita Singh Arha
(VIII-C)

Jr. Captain



Tanisha Khandelwal
(VIII-B)

SPIC MACAY

Embarking on a Cultural Journey

SPIC MACAY is the key that unlocks the doors to our cultural legacy, empowering students to explore, appreciate, and preserve the timeless traditions of Indian classical music and dance. In an effort to ignite a spark of our rich Indian cultural heritage in the hearts of Stephanians, students of classes VI to VIII witnessed a spectacular performance organized by SPIC MACAY on April 17, 2023.



The rhythmic beats of *Chhau* Dance reverberated through the air as renowned artist Shri Tamal Kanti Rajak and his team enthralled the audience. The event



proved to be an unforgettable experience for the students, as the dancers showcased their exceptional skills and brought to life the vibrant and ancient art form.

Chhau Dance is a traditional folk dance form that originated in the eastern Indian states of Odisha, West Bengal, and Jharkhand. It combines elements of

martial arts, storytelling, and intricate footwork to create a visually captivating performance.

The students were spellbound by the mesmerizing performance. With every move, the performers effortlessly conveyed emotions and narrated stories from mythology and folklore. Their swift footwork and precise movements showcased their impeccable control and years of rigorous training.



Shri Rajak's choreography skillfully brought together the traditional *Chhau* Dance elements and their innovative interpretations, adding a contemporary touch to the ancient dance form. The expressive nature of the dance form conveyed deep-rooted values and showcased the resilience and strength of the human spirit. It is these folk artists who ensure that our cultural traditions continue to thrive and evolve, captivating the hearts of audiences for generations to come.



WHERE BRILLIANCE FINDS ITS VOICE

Education is not the learning of facts, but the training of the mind to think. At School, we believe in fostering a holistic development that not only focuses on academic excellence but also nurtures the students' intellectual capabilities and critical thinking skills. The Inter-House English and



English Debate (Seniors)

Hindi Impromptu Debates for seniors were conducted on July 26 and 27, 2023. The students presented their arguments, supported by evidence and logic on the topics 'Information Technology should be education's top priority' and 'मानव जाति की तेज गति से प्रगति ही



Hindi Debate (Seniors)

उसके विनाश का कारण है' Heyanshe Pant (XII-Arts), Bhavya Jain (XII-Com. B) and Heer Anuragi (X-C) secured the First, Second and Third positions respectively in the English Debate and Khushi Seernani (XI-Arts), Khushi Payal (IX-D) and Shreya Bansal (X-D) secured the First, Second and Third positions respectively in the Hindi Debate. The judges for these events were the alumni of the School. The Inter-House Hindi Debate for juniors was conducted on August 29, 2023. The topic for the debate was 'तीव्र रूप से बढ़ती संचार



Hindi Debate (Juniors)

तकनीकी ही मनुष्य के बढ़ते रोग का कारण है'। Deepal Tanwar (VIII-A), Divyanshi Mirchandani (VII-C) and Deepti Ropchandani (VII-A) secured the First, Second and



Quiz (Seniors)

Third positions respectively. In the Housewise result, in the Junior category, Green House stood First in the Hindi Debate. In the Senior category, Gold House and Blue House stood First in the English and Hindi Debates respectively. The debaters exhibited remarkable confidence and impressed the judges with their well-structured arguments and convincing delivery. The Inter-House Quiz was an exciting event that tested the participants' general knowledge, quick thinking, and teamwork. The competition was intense, with each house showcasing their expertise across various subjects, including Science, History, Literature, and Current Affairs. The quiz not only challenged the participants but also engaged the audience, who eagerly tried to answer the questions along with the competing teams. The Inter-House Quiz for both juniors and seniors were conducted on July 21 and July 28, 2023. In the Junior category, Green House and Blue House secured the First and Second positions respectively. In the Senior category, Blue House secured the First position and Green House secured the Second position. The strategic battle of minds took center stage during the Inter-House Chess tournament for seniors conducted from July 18 to July 20, 2023. The tournament showcased the mental acumen, concentration, and problem-solving abilities of the participants. Manisha Gautam (X-A) and Daivik Sharma (IX-C) secured the First position.



Chess Competition

Cheering the Arrival of Monsoon

Life is about learning to dance in the rain

To beat the scorching heat of the sun and celebrate the showers of monsoon, 'A Rainy Day' was organised for the students of classes Nursery to II on July 21, 2023. Armed in their colourful raincoats and umbrellas, children splashed about in the mini pools and enjoyed sailing boats, singing songs, dancing and relishing the rainy season snacks. Their faces filled with frolic and glee added to the celebratory atmosphere around.





Celebrating 76 years of Freedom and Unity

“Our nation’s journey to freedom is a testament to the enduring spirit of those who fought for it.”

As we celebrated the 77th Independence Day of our great nation on August 15, 2023, it filled our hearts with pride and gratitude for those who fought tirelessly to secure our freedom. The School celebrated this historic occasion with great enthusiasm and reverence. The day was filled with various events and activities that showcased our commitment to our country and its values.

The Chief Guest, Colonel Abhik Sarkar, Station Commander of Ajmer Military Station, unfurled the Tricolour and inspected the Marching Contingents. The programme commenced with the March Past led by the School Captain Tanushree Jain, followed by the Captains leading their

respective Houses and troupes of NCC, Scout, Guide and the School Band. The Marching Contingents of the four Houses were also judged on their Smart Turn Out, Command, Alignment, and Overall Presentation. Green House, Gold House and Blue House secured the First, Second and Third positions respectively.

The air was filled with a feeling of patriotism with presentation of the Drummer’s Call, *Badi Salami* by Bulbuls, Gymnastics, Speech,

Patriotic Song and Dance. The Chief Guest in his address, shed light on the significance of what he termed as ‘5Ps’ in our lives: Punctuality, Perseverance, Politeness, Playfulness, and Passion. He touched upon the importance of outdoor games and physical activity in maintaining a healthy lifestyle. He encouraged the students to engage in at least one sport and outdoor activities to stay fit and to foster teamwork. He also emphasized on the constructive use of

technology for learning, innovation, and positive change. His speech resonated deeply with the spirit of freedom, growth and purposefulness in our lives. We ended the celebration with a renewed sense of purpose and determination to incorporate these principles into our lives.

An activity for classes Nursery to III was conducted on August 14, 2023.

The students showcased the spirit of unity and integrity by filling printed images of birds, flags and vests with the tri colours. Thirty-six students of our School received certificates of participation for taking part in a P.T. display at Police Line as a part of the Independence Day celebrations. Twelve students participated in a group song in the cultural programme organized on the eve of August 15, 2023 at Jawahar Rangmanch.



IDEAS AND WISDOM

Interaction ignites ideas through argument and debate

Every year, the School hosts the Inter-School Debate and Quiz as a tribute to its founders. This eagerly anticipated event not only highlights the exceptional talents of the students but also fosters intellectual development, critical thinking, and effective communication skills. The Nineteenth Dr. (Mrs.) Deepa Martins Memorial Annual Inter-School English Debate was held on August 18, 2023. The debate was impromptu and the clue of the topic was given earlier. The topic for the English Debate **'The use of Artificial Intelligence in education is a threat to the development of students'** was given to the participants two hours before the debate could begin. The event was chaired by Dr. Rimika Singhvi, Professor, Director, of the School of Humanities and Head, Department of English, IIS, Jaipur. Swati Bansal of Samrat Public School, Ajmer secured the First position. Medha Arora and Titiksha Singh of Sophia Girls' Senior Secondary School, Ajmer secured the Second and Third positions respectively. The consolation prize went to Anjali Pedwal of St. Mary's Convent Senior Secondary School, Ajmer. The coveted trophy was won by Sophia Girls' Senior Secondary School, Ajmer.

In the realm of education and intellectual engagement, quiz is a captivating gateway to exploration and

discovery. It's a moment where one's familiarity with a subject is put to the test, and in the process, new horizons are unveiled. It's an opportunity to expand one's understanding and sharpen the sword of intellect. The Sixteenth Shri Gilroy Martins Memorial Inter-School Quiz was held on August 19, 2023. Dr. (Ms.) Indoo Taneja, Principal (Retired),

In the realm of education and intellectual engagement, quiz is a captivating gateway to exploration and discovery.

DAV Jiyalal Institute of Education, Ajmer, was the Chief Guest for the event. The students exhibited their exceptional

abilities by promptly answering the questions. It was a competition that not only enriched the knowledge of the participants but also the audience. Jiya Chandiramani and Swapnil Goyal brought glory to our School by securing the First

position. Maheshwari Public School, Ajmer and St. Anslem's School, Ajmer secured the Second and Third positions respectively. The trophy was won by our School but being the host School, the trophy was handed over to the runners-up team.

These events serve as a powerful catalyst of nurturing confidence in different spheres of life.



Learning For Life



Interactive sessions on Dream Career with Honorary Mentor Mr. Anupam Martins for classes X and XII were held on April 3, 2023. He interacted with the students about having a clearer vision of their dream career and also ignited a spark of inspiration that would continue to burn brightly in their hearts.



An Orientation programme was held on April 15, 2023 for the parents of Class IX. They were informed about the CBSE registration, norms of academic performance of X and XII Board Examination 2022, leave rules, assessment and evaluation and annual co-curricular activities. We apprised the parents about the National Education Policy. The facilitators for the programme were Ms. Priya Sharma and Ms. Bhavna Bhargava.



The Ajmer Jan Mela 2023 in collaboration with Jan Sarokar and School for Democracy staged a solo play in Hindi 'Haan, Mein Savitribai Phule Hoon', on April 15, 2023 at Urban Haat. Twenty-five students of classes IX and X witnessed the play written, directed, and enacted by Marathi theatre artist Mrs. Sushma Deshpande.



Training sessions on Revision of Pedagogies and Strategies, Visible Thinking Routines (VTR) were conducted on April 15, April 29 and May 17, 2023 for the teachers of classes VI-XII. The resource persons were Dr. Charu Jain and Ms. Baljeet Kaur Viridi.



A training session on Visible Thinking Routine was held on April 15 and April 29, 2023 for the Primary Section Teachers. The resource persons were Ms. Supreet Kaur, Ms. Bhavana Verma, Ms. Monika Yadav and Ms. Krutika Sharma.



The Ajmer Jan Mela 2023 in collaboration with Jan Sarokar and School for Democracy organized a cultural evening on April 16, 2023 at Urban Haat. Twenty students from classes XI and XII attended the cultural event. The programme emphasized cultural values and literature through poems on humanity and women empowerment followed by an artistic performance of the Kalbeliya dance.



A Heartfulness Yoga Shivir for students of Class IX was organized by Heartfulness Sanstha on April 18, 2023. One hundred and thirty students participated in the camp. The Sanstha advised the students that through yoga concentration could be developed and spirituality deepened.



The students of classes VIII to XII attended a video conference session on April 21, 2023 under the aegis of Time Project 2023 in association with GET Network of Taiwan and Global Video Conference Education Group on the theme, 'A Moment In Time: A Celebration of Earth Day'. Seven students presented a power point presentation on Marine Life.



Ms. Samita Ruby Massey (T.G.T.) and Mr. Lionel Ellis (T.G.T.) attended a one-day workshop on NEP 2020 at Hukumchand School, Nasirabad on April 25, 2023, organized by CBSE COE, Ajmer.



Ms. Deepshikha Kshetrapal (P.T.I.) and Mr. Lionel Ellis (T.G.T.) attended a three-day training on *Chuppi Todo Khulkar Bolo*, a Good Governance Innovative Program conducted by Education Department and *Mahila Adbikarita*, Ajmer at Savitri School, Ajmer from April 26 to April 28, 2023.



The *Rajasthan Mahila Kalyan Mandal*, Chachiyawas conducted a training session for the members of the faculty on May 18, 2023 on PRASHAT, a Disability Screening Checklist for schools developed by NCERT. The resource persons Ms. Kshama Kaushik, Mr. Tarun Sharma and Ms. Anjali Sen made the teachers aware about the RPwD Act 2016 and 21 disability conditions.



A training session on Health and Wellness for Adolescents was held on June 26, 2023 for the teachers of classes VI-XII. The resource persons were Vice Principal Ms. Deepa Thadani, and faculty members, Ms. Hetal Vadodaria and Ms. Shivani Maheshwari.



A training session on Computational Thinking was held on June 26, 2023 for the Primary Section teachers. The resource persons were Ms. Supreet Kaur and Ms. Krutika Sharma.



A training session on Assessment and Evaluation-Bloom's Taxonomy was held on June 27, 2023 for the teachers of classes VI-XII. The resource persons were Ms. Vandana Dulani, Ms. Shilpy Choudhary and Ms. Priya Sharma.



A training session on Integration of NEP-2020 in the curriculum was held on June 27, 2023 for the Primary and Secondary section teachers. The resource persons were Ms. Deepa Thadani and Dr. Charu Jain.



A training session on Nutrition, Health and Sanitation, and Reproductive Health was held on June 28, 2023 for all the teachers. The resource person was Dr. Clare Sequeira.



A training session on Revision of Pedagogies and Strategies STEAM and PBL was held on June 28, 2023 for the Primary and Secondary section teachers. The resource persons were Ms. Baljeet Kaur Viridi and Ms. Anshuma Tak.



A training session on Phonic Reading was held on June 28, 2023 for the Primary Section teachers. The resource persons were Ms. Anita Dhawan, Ms. Shilpi Kothari, Ms. Mamta Rajput and Ms. Neha Ratwani.



Ms. Mistu Bagchi (T.G.T.) and Ms. Anshuma Tak (T.G.T.) attended a one-day workshop on Learning Outcomes and Pedagogies at Presidency School, Ajmer organized by CBSE COE, Ajmer on July 8, 2023.



Ms. Riti Sood (T.G.T.) and Mr. Jerry Howard (Music Teacher) attended a four-day workshop on *Man Se Dosti* organized by *Shabad Shaala (Kabir Project)* at St. Xavier's School, New Delhi, from July 11 to July 14, 2023.

COLLABORATIVE INVOLVEMENT



The Sparsh Foundation conducted an interactive session on 'Good Touch and Bad Touch' for the students of classes VI and VII on April 15, 2023. The resource person, Shri Naveen Jain, IAS Officer and Secretary Panchayati Raj, Government of Rajasthan with his team members brought their valuable perspectives to the discussion.



The Eco Club of our School under the aegis of CBSE Mission Life, celebrated Earth Day on April 21, 2023 by taking the students to visit the forest area adjoining the School and to clean the surroundings. They also dug a pit as part of the pre-preparation for the tree plantation drive. Eighty-three students from classes III to VIII participated in this activity.



Under the aegis of CBSE and the Ministry of Home Affairs, Govt. of India, 'Cyber Jaagrookta (Awareness) Diwas' is observed on the first Wednesday of every month in educational institutions to generate sustained awareness among students on Cyber Security. Activities like Online Quiz on 'Digital Financial Security', Infographics Competition and Poster Display were conducted.



A Career Counselling session for classes XI and XII Commerce was held on April 24, 2023. It was organized by the Institute of Company Secretaries of India (ICSI). The resource persons were CS Mr. Anoop Khandelwal, CS Mr. Aishwarya Tripathi and CS Ms. Mukta Bhansali who guided the students for considering Company Secretary as a career option.



The Eco Club organized a *Nukkad Natak* on Conservation of Water and Biodiversity on May 2, 2023. Thirty one students participated in this street play at Chowpati, Ana Sagar to create awareness among the people about the preservation of biodiversity.



A Career Counselling session for classes XI and XII Commerce was held on May 4, 2023. It was organized by ICAI, Ajmer Chapter. The resource persons were CA Divya Somani and CA Ashish Priyani, an alumnus of our School.



On the occasion of *Prithviraj Jayanti*, a drawing competition was held on May 5, 2023 for classes VI to XII under the aegis of *Samrat Prithviraj* Organization. Forty nine students participated in this competition.



The Eco-Club initiated a plantation drive in the Nutrition Garden in the School. The students of the Eco-Club planted saplings and sowed seeds in the garden on May 15 and 16, 2023. They developed their understanding of the environment and its conservation.



An interactive play entitled 'Homework' took center stage, captivating the minds of students of classes VI to VIII on July 7, 2023. The play put forward a provoking thought about the role of homework in a student's life. Divyanshi Mirchandani (VII-C) scripted and directed the play under the supervision and guidance of Dr. Charu Jain and Ms. Shivani Maheshwari.



Fifteen students of classes X and XI participated in *Rajya Puraskar* and *Prashikshan Shivir* on July 17, 2023 organized by Bharat Scout and Guide at Pushkar Ghati. During this event, the students learnt the importance of discipline and how to manage their daily chores independently.



The first session of Shabad Shaala was held on July 20 and 21, 2023 in School. Mr Arun Goyal and his team taught the students *bhajans* of Kabir like 'Baahar Bhatke Kai', 'Panchi Ban Ban Kai Dole Re' and 'Paani Me Machli Pyasi'. The students learnt the *bhajans* and enjoyed singing them.



A Tree Plantation Campaign was conducted by the School from July 19 to July 25, 2023 for classes III to XII. Nine hundred students participated in this campaign. The saplings were planted in the forest area adjoining the School premises.



The Intach Club and Social Science Department conducted a Folk Crafts workshop on *Cheed* and *Gudari* Making for students of classes VI to IX and XI on August 4, 2023. Twenty eight students participated in this workshop. The resource person was Ms. Sushila Nath, a member of the *Kalbeliya* Community at Pushkar. The students made bracelets of beads and learnt to embroider the *Gudaris* (embellished bedspreads).



A Tribal Empowerment Poster Making and Slogan Writing Competition were held on August 12, 2023 for classes VI to VIII under the aegis of CBSE. The students were given 90 minutes to make a poster on the theme 'Tribal Empowerment'.



The Eco-Club of the School organized a campaign 'Say No To Plastic' from September 1 to September 9, 2023. The students of classes III to X actively participated in this event and prepared tag boards with slogans, posters, giving the message against the use of plastics in our daily life and recommended the use of paper bags.

TRAINING ON ACTION RESEARCH BY QCI

On June 30, 2023, 50 teachers of our School had a four-hour training by the QCI on Action Research. Quality Council of India (QCI) is a National body for Accreditation on recommendations of Expert Mission of EU. QCI aims to develop and promote national standards in collaboration with industry experts to meet specified quality benchmarks. It conducts training programmes to enhance the skills and knowledge of professionals.

TRAINING FOR SUCCESS

Quality concerns in school education are among the priorities of CBSE, as they play a pivotal role in the development of the country. CBSE conducts webinars and capacity building programmes for teachers to equip them with the competencies to make the learning process connected with real life, stress-free and joyful. To upgrade their professional competency, teachers of St. Stephen's attended a number of webinars. They were conducted online by CIET-NCERT on Safety and Security in Digital Space, Development of e-Content: Interactive resources, Development of e-Content: Audio Resources, Emerging Trends in Educational Technology and Blended Learning, to name a few. The sessions were very informative and knowledge oriented.

St. Stephen's Senior Secondary School, Ajmer (Rajasthan) earns the Prestigious NABET Accreditation



St. Stephen's Senior Secondary School is proud to announce that it is the first school in Ajmer District to be awarded an accreditation by the National Accreditation Board for Education and Training (NABET). It is a comprehensive process based on three domains and 50 parameters offered by the Quality Council of India (QCI) that highlights an institution's commitment to continuous improvement, providing high-quality education and training to our students. It provides a framework for assessing the effectiveness of the institutions and their programmes, promoting continuous improvement, and enabling them to demonstrate their commitment to the students they serve, the academic community, and the stakeholders. The Director and the Principal congratulated the entire team and the staff members on earning this prestigious accreditation, reaffirming their pursuit of educational excellence and student success.

Laughter and Smiles

Hindi Choral Elocution

‘Poetry is when an emotion has found its thought and the thought has found words.’

The Hindi Choral Elocution was held on August 11 and 12, 2023 for students of classes Nursery to II. The theme of the activity was ‘Health and Hygiene’.

Good health is a great source of peace and happiness. The Pre-Primary children recited short poems in Hindi with actions and expression. This helped to build the skills of fluency, voice modulation, self-confidence, co-ordination and expression. While reciting the poems they became aware about the ways of being healthy.



Inter- House English and Hindi Debates

‘Debates are healthy and necessary; they help us understand different perspectives and find common ground.’

The English and Hindi Inter-House Debates for Class V were held on August 25 and 26, 2023. The participants were evaluated based on their content, delivery, and overall performance. The topic of the English Debate was ‘Climate Change introduces additional risks to health and safety’.



Pavika Shrivastava (V-A) of Gold House secured the First position, Navya Purohit (V-B) of Red House secured the Second position and Palak Chopra (V-B) of Red House and Mohi Mangrola (V-D) of Blue House secured the Third Position. The topic for the Inter-House Hindi Debate was ‘तकनीकी संसाधनों का अधिक उपयोग’

मानव जाति के मानसिक और शारीरिक स्वास्थ्य के लिए उचित है’। Drashti (V-C) of Blue House and Shagun Gegawat (V-D) of Red House secured the First position, Kunal Nenwani (V-C) of Green House secured the Second position and Aradhya Francis (V-D) of Green House was awarded the Consolation prize.

A to Z on Rajasthan

‘You can’t build up vocabulary if you never meet any new words. And to meet them you must read. The more you read the better.’

An activity on A to Z about Rajasthan was held on September 2, 2023 for the students of classes I to V. They prepared flip books, accordions and charts on Rajasthan and in the course of this activity they also enhanced their vocabulary about the state.



Grandparents’ Day

‘Grandparents are like heroes, and are as necessary to a child’s growth as vitamins.’

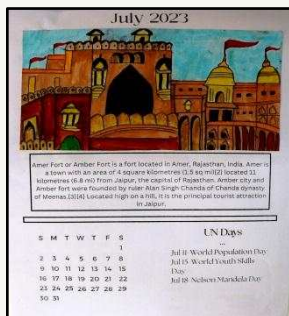
Grandparents’ Day was celebrated on September 8 and 9, 2023. It is a day dedicated to acknowledging and celebrating the important contribution made by grandparents to the wellbeing and education of children within their families. It is an opportunity for



a family to show its gratitude and respect for the older generation and to honour them. Grandparents were welcomed by the teachers with handmade bookmarks; children sang songs and recited poems in Hindi and English followed by many games like tower making with disposable glasses, stringing beads and random objects with Jodo blocks. Grandparents clicked selfies with their grandchildren using the selfie frame.

Innate Intelligence Leads to Success

CELEBRATING RAJASTHAN'S CULTURAL SPLENDOUR



The month of April witnessed an explosion of creativity at our School as students of classes IX to XII eagerly participated in the Intra-Class Calendar Designing Competition on April 21, 2023. With a focus on the rich cultural heritage of Rajasthan, each class was assigned a theme: Folk Dances, Art and Craft, Monuments, and Forts. Each calendar was a testament to their dedication, creativity, and passion for the heritage of our state.



AN EXTRAVAGANZA OF CREATIVITY

An Intra-Class Hindi Creative Activity was conducted on April 29, 2023 for the students of classes VI to X. The students embraced the magic of storytelling through the age-old tales of Akbar and Birbal, Tenali Raman, Ramayan and Mahabharat. The comics they created took us back in time, skillfully weaving moral lessons and wit into these classic narratives. Advertisements on wildlife conservation, water conservation, NEP 2020 and informative brochures on the districts of Rajasthan were also designed. The activity showcased not just artistic flair; it also exemplified the essence of holistic education and nurturing socially conscious individuals.



A BATTLE OF LEXICAL PROWESS



An Intra-Class Spell Bee Competition was conducted on May 6, 2023 for the students of classes VI to VIII. The event, conducted in three rounds, showcased the remarkable spelling abilities and competitive spirit of our students. In the first round, all the students were tested on a given set of words. The students who spelled the words correctly moved to the second round. In the final round, the finalists were presented with a mix of challenging words testing their exceptional linguistic prowess. The event not only sharpened their spelling abilities but also fostered a sense of healthy competition, challenge, and teamwork.



FOSTERING INNOVATION

The Science Department organized an Inter-House Working Innovative Science Model-Making Competition for the students of classes VI to XII on July 22, 2023. Forty-six projects were displayed in the Physics and Composite Laboratory. This competition served as a platform for budding scientists to showcase their creativity. The students presented models based on real life applications and demonstrated innovative ideas like Smart Dustbin, Prosthetic Arm, Anti-sleep Device, Hydraulic Crane, Infinity Mirror etc. The competition aimed to impart 21st century skills, including critical thinking, effective communication, collaboration, and creativity. In addition, it provided an opportunity for students to deepen their scientific knowledge and refine their skills. Blue House, Gold House and Red House secured the First, Second and Third positions respectively.



SPLASH OF COLOURS

The Social Science department conducted a 'Tie and Dye' activity for the students of classes VI to IX and XI on August 7, 2023. Thirty-four students took part in this activity. The students celebrated the National Handloom Day by creating Tie and Dye art work on scarves, handkerchiefs and *dupattas*. The resource person was Ms. Ritu Bhargava.



INFOGRAPHIC INNOVATORS

The Computer Department organized a computer skill based Infographics Competition for classes VI to VIII on August 26, 2023. The students created original infographic on the given theme using digital design software or tools like Venngage, Piktochart, Visme, Canva, Powerpoint etc. It was not only an opportunity for our young minds to explore technology but it also encouraged them to think out of the box, fostering innovation and a passion for digital communication.



CRAFTING LITERARY WORLD

The English Department organized an Inter-House English Project Making Competition on September 1, 2023 for the students of classes VI to XII. It was not just an event but an exploration of literary dimensions. The students eagerly participated in the competition on the theme 'Elements of Literature'. Each House displayed the elements of a story depicting genre, setting, plot, characters, theme, author's purpose etc. The stories presented by the four Houses were: 'The Alchemist' by Paulo Coelho, 'What Happened to the Reptiles' by Zai Whitaker, 'The Merchant of Venice' by William Shakespeare and 'The Room on the Roof' by Ruskin Bond. Green House, Blue House and Red House secured the First, Second and Third positions respectively.



EXPRESSION THROUGH ROLE PLAY

The Department of Commerce organized a Role-Play Competition on September 2, 2023, for classes XI and XII Commerce. This multi-disciplinary and art-integrated event aimed to showcase creativity, acting skills, and an understanding of current business/economic scenarios. The themes of the Role-Play were chosen to complement the objectives of NEP 2020, i.e. Learning by Doing (Experiential Learning). XII-Commerce B, XI-Commerce A, and XII-Commerce A secured the First, Second, and Third positions respectively. The competition was judged by the alumni of our School.



TEACHERS' DAY CELEBRATION

A good teacher can inspire hope, ignite the imagination, and instil a love for learning. The students celebrated the day by appreciating the efforts and hard work of their teachers. The atmosphere reverberated with a lot of excitement and happiness as the students went around wishing their teachers. Later, in the auditorium, sixty-seven teachers from the Primary and Secondary sections were felicitated with Letters of Appreciation for various landmarks they had achieved in the session 2022-23. All the teachers were gifted potted plants as tokens of appreciation. The day concluded on a joyous note with the Management and teachers going out for the day to a resort in Pushkar.



IMPRESSIONS

Art... Lines Around Your Thoughts

Showcasing Elements of Art through Portraits, Step by Step Drawing, Textures, Lines & Colours





CAMPUS STARS

Academics



17 students of our School secured 90% and above in SSCE (Class XII) 2023

S. No.	Name	Class	Percentage
1.	Aaradhya Sharma	XII Arts	96.8
2.	Kavya Kumar Balchandani	XII Com.	96.2
3.	Vansh Gupta	XII Com.	96.0
4.	Tanu Sharma	XII Arts	96.0
5.	Garima Pradutt	XII Sc.	94.6
6.	Dviti Verma	XII Com.	94.0
7.	Bhoomika Pathak	XII Arts	93.6
8.	Rachit Bothra	XII Com.	93.0
9.	Vidhi Samyani	XII Com.	92.8
10.	Tanvir Fatima	XII Arts	92.8
11.	Arushi Jain	XII Com.	92.0
12.	Ronit Jain	XII Com.	92.0
13.	Samriddhi Jain	XII Com.	91.8
14.	Niyati Jain	XII Com.	91.6
15.	Manvendra Singh	XII Sc.	91.2
16.	Harshvardhan Sankhla	XII Com.	90.4
17.	Manas Hingorani	XII Com.	90.4

Our SSCE (Class XII) 2023 Faculty Toppers



96.80 %



96.20 %



94.60 %

1. Aaradhya Sharma secured the First position in Arts & 100/100 in Political Science.

2. Kavya Kumar Balchandani secured the First position in Commerce.

3. Garima Pradutt secured the First position in Science.



Our SSE (Class XII) 2023 Star Performer

Tanu Sharma (XII-Arts) secured 100/100 in Political Science



**34 students of our School secured 90%
and above in SSE (Class X) 2023**

S.No.	Name	Percentage
1.	Sanskriti Gandhi	97.8
2.	Daksh Bhandari	96.6
3.	Mohit Somai	96.6
4.	Manas Sethi	96.0
5.	Siddharth Chaudhary	96.0
6.	Khushi Seernani	95.8
7.	Kritika Varyani	95.8
8.	Aarohi Sharma	95.6
9.	Shreya Khandelwal	95.6
10.	Ruchika Bijawat	95.0
11.	Anway Sharma	94.8
12.	Kshitij Kashyap	94.6
13.	Kunal Agarwal	94.0
14.	Siddharth Nahar	93.8
15.	Harshita Gwalani	93.6
16.	Tanishtha Soni	93.2
17.	Praman Garg	92.8

S.No.	Name	Percentage
18.	Niyati Sahu	92.8
19.	Keshav Sharma	92.6
20.	Shaikh Kabiruddin Chishty	92.4
21.	Shubham Rathore	92.4
22.	Parth Nawal	92.2
23.	Anuva Bhargava	92.0
24.	Paawani Sharma	92.0
25.	Shubham Kumawat	91.8
26.	Divyaraj Singh Rathore	91.8
27.	Priyansh Chotwani	91.4
28.	Tanmay Kachhawa	91.0
29.	Riya	91.0
30.	Saksham Jain	90.6
31.	Chanchal M. Sambhwani	90.6
32.	Saksham Jain	90.6
33.	Eipshita Sharma	90.2
34.	Mimansa Singh	90.2

Our SSE (Class X) 2023 Top Three Scorers



97.80 %



96.60 %



96.60 %

(L to R): Sanskriti Gandhi (100/100 in English and Artificial Intelligence), Daksh Bhandari and Mohit Somai.

Our SSE (Class X) 2023 Star Performers



(L to R): Manas Sethi secured 100/100 in Information Technology.
Ruchika Bijawat and Anuva Bhargava secured 100/100 in Artificial Intelligence.



Laksh Agarwal (III-E) received a gift voucher and Certificate of Zonal Excellence for securing International Rank 22 in the SOF International Mathematics Olympiad 2022-23.
Laksh also received the Gold Medal of Distinction for securing Zonal Rank 20.



Advik Agarwal (IV-D) received the Gold Medal of Distinction and certificate for securing Zonal Rank 6 in the SOF National Science Olympiad 2022-23.



Lakshita Charan (VI-A) received a trophy, cheque, and certificate for being selected for the SOF Defence Services Academician Scholarship towards Academic Excellence 2022-23.
She also received the Gold Medal of Distinction and certificate for securing Zonal Rank 12 in the SOF National Cyber Olympiad 2022-23.



(L to R): Arpita Khandelwal (I-B), Aaditri Bhatnagar (I-B), Mohit Sharma (I-B), Reyansh Yadav (I-B) and Garvita Nichani (I-D) were awarded gift vouchers and Certificates of Zonal Excellence for securing International Rank 9 in the SOF International English Olympiad 2022-23.

Co-curricular Activities



(L to R): Aanchal Khatri (IX-B) and Heyanshe Pant (XII-Arts) participated in the All-India English Debate organized by Dundlod Vidyapeeth, Dundlod.

Aanchal Khatri (IX-B) secured the First position among the 74 participants and was awarded a cash prize of ₹ 21,100. Our School won the running trophy.



(L to R): Vansh Jhamnani (XII-Sc.), Tushar Jaiswal (XII-Sc.), Chirangi Verma (VIII-A), Lakshita Charan (VII-A) and Astuti Kumawat (X-C) secured positions in the Inter-School Fest 'IMPETUS' organized by MSS Public School, Kishangarh.



(L to R): Pratishta Agarwal (VII-D), Aniya Chaturvedi (VI-B), Divya Shevakramani (IV-B), Aarvi Rajpurohit (III-D), Yashasvi (III-A), Rishika Sethi (VII-D) and Anjali Rawat (VII-D), Inset: Nitara Sharma (III-D) cleared the Shastriya Nritya (Kathak) Practical Examination (*Praveshika*) conducted by Prayag Sangeet Samiti, Allahabad.

Sitting (L to R): Manan Jainani (VI-C) and Suhana Maheshwari (III-B) cleared the Instrumental (Tabla) Practical Examination for the session 2022-23.



(L to R): Khushbu Goyal (VII-C), Jayesh Keswani (VIII-B), Jiya (VIII-A), Heer Anuragi (X-C), Hiya Morani (X-C), Urvik Sharma (X-A), Parikshita Singh Arha (VIII-C), Aarya Dubey (VIII-A), Shreyansh Pipara (VIII-A) and Anant Jain (VII-D) Inset: Chirangi Verma (VIII-A) and Astuti Kumawat (X-C) secured positions in the three day Fest 'Shiv Smriti' organized by Sanskriti... The School, Ajmer.



Swapnil Goyal (IX-A) was awarded a Special Mention for his performance in the United Nations Security Council Committee at the DWPS MUN organized by Delhi World Public School, Ajmer.

Swapnil also secured the First position for putting up an outstanding question relevant to the topic in the Hindi Group Debate organized by Maheshwari Public School, Ajmer.

Sports



Khushi Payal (IX-D) represented Rajasthan and was awarded the Silver Medal in the Kumite Cadet Girls event (40 kg category) in the All India Karate Championship, 2023 organized by the Karate Association of India at Talkatora Stadium, New Delhi.

Khushi also won the Gold Medal in the (Under 14-15) Girls event (40 kg category) in the Rajasthan State Karate Trial, 2023 organized by the Rajasthan Traditional Sports Karate Association at Indoor Stadium, Ajmer.

Khushi also won the Gold Medal in the (Under 14-15) Girls event (40 kg category) in the District Karate Championship-2022-23 organized by the Ajmer District Karate Do Association at Pushkar.



Jennis Manoj Ojha (XI-Sc.) won the Runners-Up Trophy in the All India Ranking Tennis Tournament organized by Chandarwardai Tennis Academy, Ajmer.



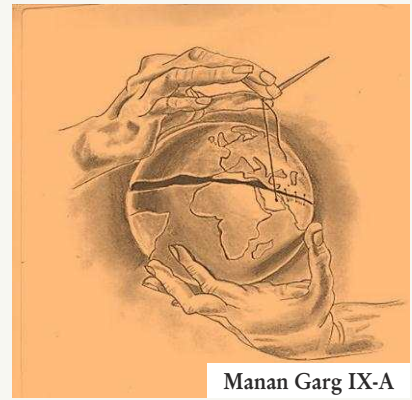
Amaan Khan (X-A) secured the First position in the U-18 category and was awarded a trophy in the Lawn Tennis Tournament organized by Ajmer Sports Complex, Ajmer.



Pradhumn Singh (VIII-D) won the Gold medal in the Male Poomsae group and a Bronze medal in the Male Poomsae (Individual category) 1st Rajasthan Sub Junior & Cadet State Taekwondo Championship, 2022-23, organized by Rajasthan Taekwondo Association at Gulab Garden, Jaipur.

WORDSCAPE

Holistic healing recognizes the profound interconnectedness of our mind, body, and spirit. Through a series of thought-provoking articles and poems, the students celebrate a holistic approach to healing that has the potential to reshape our lives and foster a profound sense of wholeness.



Manan Garg IX-A

A MATTER OF TIME

Healing has power,
It's like the blooming of a flower.
Healing can be emotional or physical,
But it is very visible.

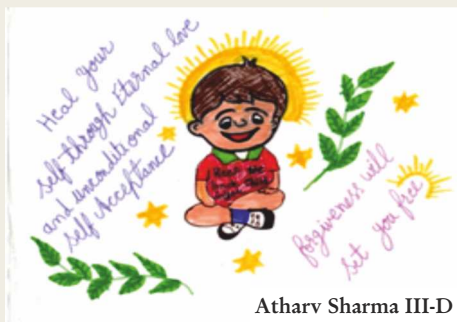
Healing is a boon,
Will fill the empty spaces soon.
Heal before you deal,
Take all the time you feel.

Time is a great healer,
It is said by a believer.
Believe me or not,
Time will open that knot.

Some day your heart will melt at its own pace,
But this process will take place.
Everything will be fine,
It will fill spaces soon.

Healing is power,
It's like the blooming of a flower.
Healing is a boon,
It will fill all the empty spaces soon.

Dimple Nichani
X-B



Atharv Sharma III-D

UNSPOKEN EMOTIONS

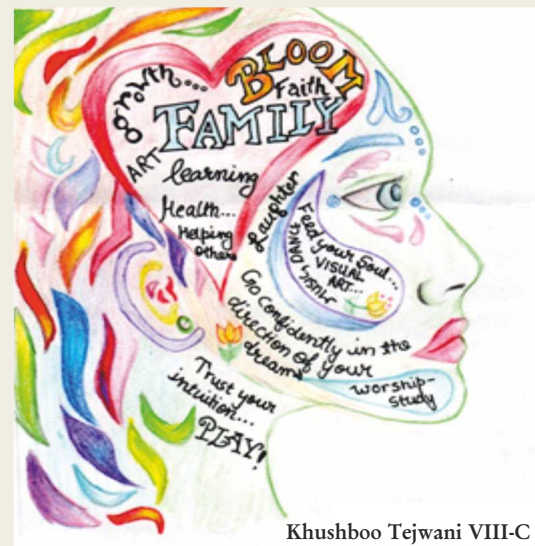
So many things I have to say,
So many words I wish to say,
So much hidden anger inside,
But, I've left it all behind.

What do I have to say?
What do I want to say?
And, what should I say?

I can no longer read your face,
Memories fade in and out,
Confusion blinds true emotions,
I miss myself... I have my doubts.

All my understanding, old and worn
I wonder why I didn't tell myself.
I miss all that has gone
All that came from within.

Bhawana Choudhary
XI-Sc.



Khushboo Tejwani VIII-C

HEAL THE WORLD

Beneath the enigmatic world,
There lie many troubles curled.

The hardships we feel,
Warn the World to heal.

People must be compassionate,
Amid circumstances, unfortunate.

Let new flowers of hope shimmer,
Let people feel hope's glimmer.

If we work together,
We shall achieve everyone's dream.

Let us make our world alleviated,
Let us rebuild what God has created.

Charvi Patel
X-C



Mananya Khungarot V-A



Prerna Dhanwani XII-Com. B

DESIRE FOR HEALING

I don't want to write all wrongs,
I only to want to write my songs.
I'm a poet on my own,

Wishing only to be left alone.

There are places I want to go,
People and faces I don't know.
I'll sing along my way,
And I'll be great someday.

They will praise my songs,
I'll hide from mobbing throngs.
Everyone will know my name,
And I'll have the protection of my fame.

Until then, I'm a poet on my own,
Wishing only to be left alone.
I'll sing along my way,
And I'll be great someday.

Saara Hussain
XII-Arts



Keshav Gupta V-D

PATIENCE IN HEALING

Be patient with yourself,
My friends, parents and teachers.

Healing takes time,

Healing implies kindness.

Healing means change.

Some flowers bloom early, while others,
they await,

In the garden of your soul.

Be patient with yourself, for your story to
tell.

Disha Jain
V-A



उपचारात्मकता (हृदय की)

हालातों से लड़ना हमने भी सीख लिया है,
उपचारात्मकता को अपनी ढाल बना लिया है।

आँसुओं को पोंछकर, नई उड़ान भरी है,
अंधेरों को हमने अपनी नई आस दी है।

दिखा दिया है दुनिया को हम नहीं हैं रुकने वाले,
किसी की दगाबाजी से नहीं हैं घबराने वाले।

उपचारात्मकता ने इरादों को अटल किया है,
नई प्रेरणा, नए उजाले का साथ दिया है।

अपने संकल्पों पर हमने अमल किया है,
उपचारात्मकता तूने क्या कमाल किया है।

सौम्या तुनगरिया
कक्षा-दसवीं 'अ'

रिश्तों का उपचार

खुदा ही जाने
समय कैसे बीता
जब हमारे बचपन के साथ ही
हमारे अनोखे रिश्ते भी यादों में
सिमटकर रह गए।

हवा के रुख के साथ
प्यार के रिश्ते ही चले गए
पानी के तेज़ भाव के साथ
रिश्तों की कीमत ही ख़त्म हो गई।

कैसा ये दौर आया
जब अपना तो कोई नहीं
पर पराया कहलाने को
हर कोई आया।

लेकिन कभी तो वो सुबह आएगी
जब सूरज की तरह रिश्ते जगमगाएँगे
जब रिश्तों की दीवार फिर मजबूत हो जाएगी
प्यार और खुशियों से भरा होगा वातावरण।

ज़िंदगी के हर कदम पर जब, अपने साथ होंगे
तो ज़िंदगी का सफर सुहाना हो जाएगा
वो दिन भी दूर नहीं
जब हर बेगाना अपना कहलाएगा।

खुशी सीरनानी
कक्षा-ग्यारहवीं (कला वर्ग)



Holistic Development

Nurturing the mind, body and spirit



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