



Stephania



St. Stephen's Newsletter

January 2020

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CELEBRATING PEACE

“ Strength does not come from physical capacity. It comes from an indomitable will.

MAHATMA GANDHI

Gandhiji at 150

Mahatma Gandhi and his principles are a balm to our world, torn by strife and chaos. His 150th Birth Anniversary is an ideal time to remember his principles of truth, non-violence and simplicity.

Gandhiji has been widely recognized as one of twentieth century's greatest political and spiritual leaders who has been a source of inspiration to many international leaders such as Martin Luther King, Jr. and Nelson Mandela. To celebrate the values of Gandhiji, Stephanians brought out their creativity through pen and brush.

Life at St. Stephen's has been on the upward move where celebrations continued with Bal Sabha at various class levels and the Pre-primary and Primary Sports Day. Picnics for classes L.K.G. to X and the Educational Tour for classes XI and XII were wonderful ways for Stephanians to enjoy Children's Day in a fun filled way.

The activities for the term ended with the Annual Sports Day and the Pradeep Arjani Cup for the Best House in Games & Sports was awarded to the Red House. The Running Shield for the Best House on the Annual Sports Day was awarded to the Gold House and the Running Shield for the All-Round Best House was won by the Blue House.

We hope the enthusiasm for life continues in the heart of every Stephanian in the coming year as we wish you a Happy New Year.

- THE EDITORS

SCHOOL'S MISSION STATEMENT

St. Stephen's is committed to Making Quality Education Accessible and building the character of its students by inculcating the values of Self Discipline, Integrity, Mutual Respect, Pursuit of Excellence, Learning for Life and Environmental Management (SIMPLE). By 2022, the school will build language fluency and improve reading habits of the students and will also continue to introduce one educational innovation each year to make learning more meaningful. The school will continue to be a model employer and invest in teacher training and development.

Bal Sabha

Celebrating the 150th Birth Anniversary of Mahatma Gandhi by cherishing his principles and values through songs, dance, choral elocution and musical performances by the students of various classes.



Classes L.K.G. & H.K.G.



Class I



Classes II & III

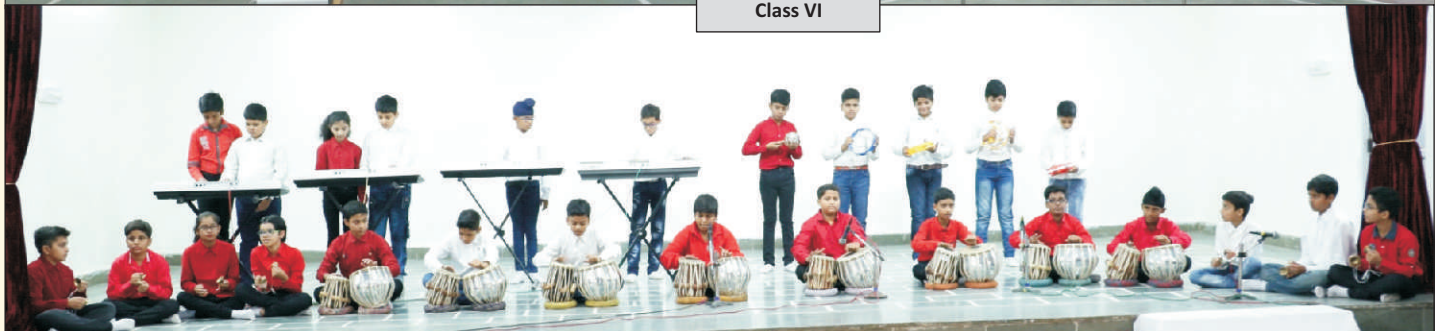


Classes IV & V





Class V



Class VI



Class VIII



Class VII



Classes IX & X



Class I

Tribute to Mahatma Gandhi

The School celebrated the 150th Birth Anniversary of Mahatma Gandhi and the 115th Birth Anniversary of Lal Bahadur Shastri on October 2, 2019. Stephanians witnessed a cultural programme themed on the life of Mahatma Gandhi. A classical dance recital on 'Vaishnava Jan To' marked the opening of the celebration. Students delivered speeches on the lives of Mahatma Gandhi and Lal Bahadur Shastri. They also enacted a play depicting various important phases of Mahatma Gandhi's life and portrayed his principles and their value.



Lighting of the lamp before the portraits of Mahatma Gandhi and Lal Bahadur Shastri



Depicting Gandhi's practices and epic journey on stage

An Array of Athletic Activities



Primary section students marking achievements on the track field

Sport is a wonderful metaphor of life. Participation in sports offers the chance for children to enhance their physical being, social skills and mental peace. It also increases the ability to plan things, create strategies and build team work and to retain the benefits of physical activities. Sports Day was celebrated for the students of classes L.K.G. to II on November 8, 2019 and for

Sports Day helps children in improving their movement and coordination skills. They learn to lead, follow and be part of a team.

classes III to V on November 18, 2019. The main attractions were the Flat Race for Boys and Girls; the 75 m Race and Fun Races like Bob the builder, Hurdle Race, Hulla Loop Race and Balancing Race. The Principal felicitated the winners with medals. The students showed their bubbling enthusiasm and enjoyed the races.



Children enjoying passionately various fun races & track events

Everlasting Memories

Happy moments of students enjoying the Class Picnics held to celebrate Children's Day



Class V



Class I



Class II



Class H.K.G.



Class II



Class L.K.G.



Class H.K.G.



Classes III & IV



Class V





Class VII

Class X



Class VI



Class IX



Class IX



Class VII



Class X



RECYCLE & UPCYCLE – The Need Of Our Times



Students from Classes I-X showed their commitment to the environment by making Best Out Of Waste by recycling objects. They made various useful and attractive objects like pen stands, pots, vases etc. Later the pots were beautifully displayed in a Mini Garden and are adding to the beauty of our School Campus.

EXPERIENCING THE JOY OF RUNNING



Finishing a marathon is a state of mind that says 'Anything is Possible'. A much-awaited event on the School calendar is the Cross Country. The race promotes setting long-term goals and helps students increase mental toughness. Cross Country was held on a crisp, chilly Saturday morning of November 23, 2019. The winners in the Senior category were Deepender Singh Rathore (X-B) and Lalita Choudhary (X-B) and the winners in the Junior category were Suveer Kumawat (VIII-C) and Mehak Karwani (VIII-C).

Trace the Track



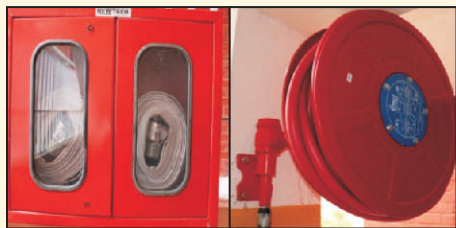
Colourful balloons ready to adorn the azure sky

Life is a race and we are the athletes, we are the ones who run on the track of success, we are the ones who face defeat and we are the ones who admire success. With this spirit, the Stephanians celebrated their most-awaited event, the 35th Annual Sports meet on December 21, 2019. Sports fill our lives with enthusiasm, develop an ethical behaviour, teach us to accept failure and celebrate success. The event began with the raising of the School flag with the School's motto 'Onward and Upward'. March Past is the best way to show how being synchronised has its own charm & elegance. The torch bearers of the event were Krati Sharma (X-D) and Poorva Singh Jajra (XII Arts). The Head Boy Rochak Jain (XII Com. A) presented the Welcome Speech and the Head Girl Parimeeta Sharma (XII Sc.) delivered the Oath. There was a healthy rivalry among the participants of all the four Houses,

competing with each other to be declared the best. There were 100m, 200m, 400m and 1500m Races for them to prove themselves the fastest and the best. The 4×100m Relay between the four Houses was worth watching. The Relay and the Tug of War between the old students and the present Stephanians were the highlights of the day. While the present students were delighted with the feeling of victory, at the same time the old students were happy to relive the excitement of the Sports Day again. Long Jump, Shot Put and Discus Throw were also conducted earlier. The Blue House was awarded the Running Shield for the Overall Best House. The Pradeep Arjani Cup for the Best House in Games & Sports was awarded to the Red house. The Running Shield for the Best House on the Annual Sports Day was awarded to the Gold House and the Running Shield for the Best All-Round House was won by the Blue House.



What's New In The Campus



The School has got the Fire Suppression System installed as a safety measure for the students.



The students participated in 'My Clean India' and 'My Clean School' Mission and made cloth bags and newspaper bags to promote the anti-plastic campaign and contributed to the noble cause. Poster-Making was also organised for the students to build awareness about eliminating single use of plastic.



Going ahead in pursuing the Sustainable Development Goals, the School has introduced solar panels which will meet most of our energy needs.

The School observed Constitution Day on November 26, 2019 and celebrated it throughout the week. Students read various Articles of the Indian Constitution and shared the Fundamental Rights of the citizens.



Legal Literacy Club organised an interactive forum and discussed about 'Environmental Conservation' and 'Plastic and its Demerits' with the students in the Morning Assembly. The Club also organised Poster-Making and Essay Writing for the students to spread awareness about traffic rules.



The School participated in the Fitness Week Celebration organised by the CBSE and conducted various activities like Yoga, activities on fitness and nutrition, mental fitness activities, Kabaddi and Cross Country etc.



The School provides an opportunity to the students to exhibit their talent in the Morning Assembly, twice a week. The students perform self-composed poems, thoughts, beautiful musical rhythms and dance. Through this, the School has initiated the new culture of 'Open Mike' that brings to the fore the hidden talent of the students.





The School has been registered as a part of VIPNET Organisation (Vigyan Prasar Network of Science Club) with class 11 Science teachers and 79 students from classes VI to XI. The name of the club is “Synergetic” and the club ID is VP RJ 0077. The Club conducted a Poster and Bookmark Making competition in the month of October and November themed 'Say No to Plastic'.

A compost pit has been prepared in the School premises (Onsite Composting) under the Swachata Jagrookta Campaign. It is an on-going process for preparing manure from biodegradable waste. The school staff is getting Green Waste from home and adding it into the compost pit.

Learning for Life

1. Ms. Deepa Thadani (Vice Principal) attended a one-day workshop on 'Master Training Programme on Happy Classrooms' organised by CBSE, Ajmer on September 21, 2019. She also conducted one-day workshops on Value Education and Happy Classrooms organised by CBSE in Jaipur and Tonk on December 14 and 18, 2019 respectively. She also attended a one-day workshop on 'Experiential Learning' organised by CBSE in Jaipur on December 20, 2019



2. The students of classes XI & XII attended a session on 'Career Counseling' conducted by Mr. Nikunj Sharma (Asst. Manager, JKLU Outreach Team) in the school on October 5, 2019



3. Ms. Bhawna Bhargava (T.G.T.) attended a two-day workshop on 'Innovative Teaching Methods for Joyful Learning in Mathematics' organised by CBSE in Jaipur on October 14 and 15, 2019



4. Ms. Bharti Tolumbia (Principal) attended a two-day 25th National Sarvodaya Conference organised by CBSE in New Delhi on November 1 and 2, 2019. She also attended a one-day workshop on 'Experiential Learning' organised by CBSE in Jaipur on December 20, 2019



5. Ms. Anita Dhawan (P.R.T.) and Ms. Shilpi Kothari (P.R.T.) attended a one-day workshop on 'Rethinking Early Education' organised by Next Education India Pvt. Ltd. in Ajmer on November 8, 2019



6. The staff members attended a one-day workshop on Experiential Learning conducted by Dr. Priyanka Jain on November 16, 2019 in the School



7. Ms. Vandana Dulani (P.G.T.) and Mr. Gaurav Mathur (T.G.T.) attended a one-day workshop on 'Python' organised by Code Tantra Tech Solutions Pvt. Ltd in Ajmer on November 21, 2019



8. Ms. Judeline D'Souza (P.G.T.) and Ms. Priya Sharma (T.G.T.) attended a one-day workshop on 'Happy Classrooms' organised by CBSE in Ajmer on November 30, 2019



9. Ms. Khyati Padiyar (T.G.T.) and Mr. Lionel Ellis (T.G.T.) attended a one-day workshop on 'Managing Online Lab resources' organised by C-DAC, Mumbai in Ajmer on December 16, 2019

IMPRESSIONS

Expression Arises from Imagination

Impressions in this edition presents Art Work by the students of the Primary and Secondary sections

Class III



Megha Soni (B)

Chanchal Choudhary (A)

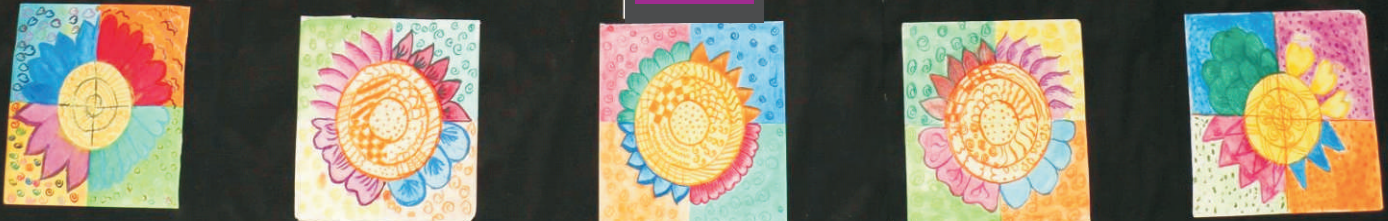
Nitik Dhewa (B)

Lakshita Charan (A)

Suyash Garg (B)

Prachi Bhagchandani (A)

Class V



AnirudhTepan (A)

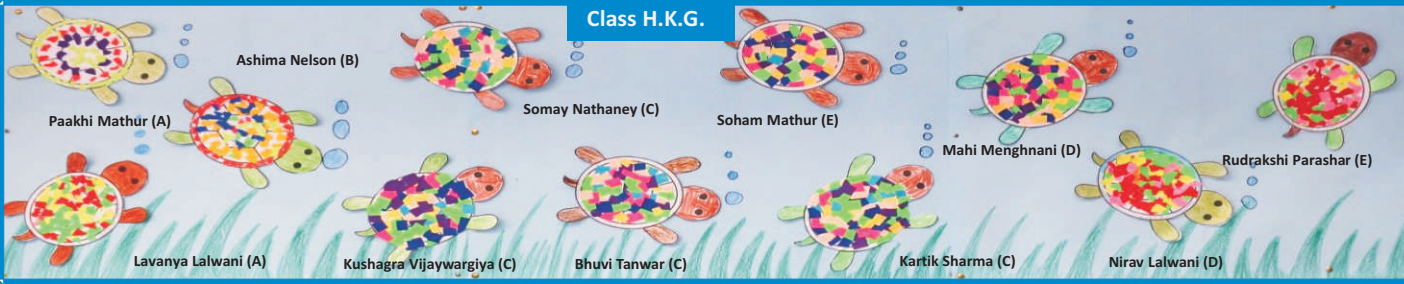
Shruti Khandelwal (D)

Soumya Kewalramani (D)

Akshita Sharma(D)

Pranar Sharma(D)

Class H.K.G.



Ashima Nelson (B)

Paakhi Mathur (A)

Somay Nathaney (C)

Soham Mathur (E)

Mahi Menghnani (D)

Rudrakshi Parashar (E)

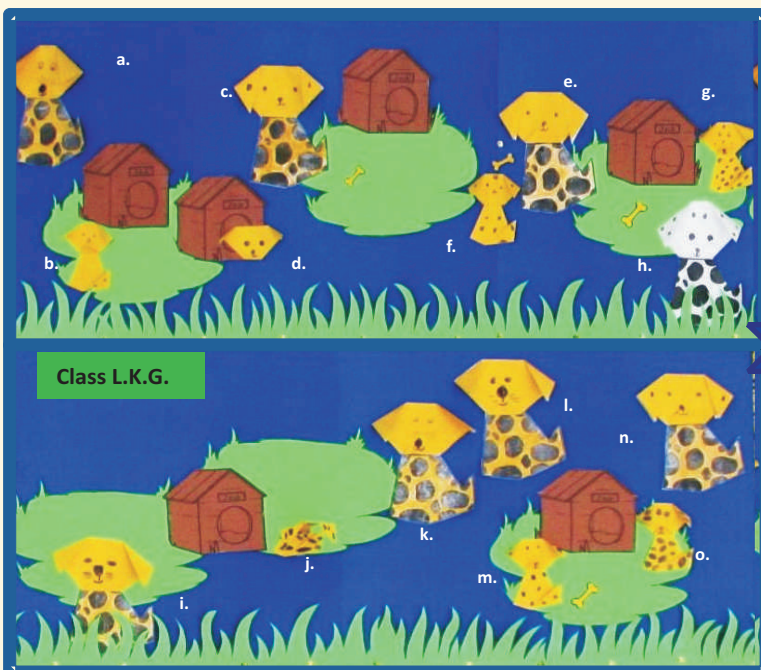
Lavanya Lalwani (A)

Kushagra Vijaywargiya (C)

Bhuvi Tanwar (C)

Kartik Sharma (C)

Nirav Lalwani (D)

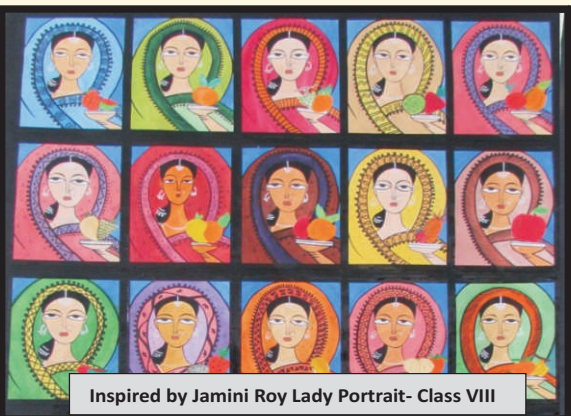


Class L.K.G.

- a. Sidra Raza (L.K.G.-B)
- b. Aavya Singh (L.K.G.-D)
- c. Yanshi Saini (L.K.G.-D)
- d. Vatsala Verma (L.K.G.-A)
- e. Sarthak Pareek (L.K.G.-A)
- f. Vidushi Jain (L.K.G.-E)
- g. Yadvi Bholu (L.K.G.-E)
- h. Khushal Barotia (L.K.G.-E)
- i. Navika (L.K.G.-B)
- j. Asra Chishty (L.K.G.-B)
- k. S. Kalyani (L.K.G.-C)
- l. Kavya Aswani (L.K.G.-C)
- m. Rishi Sharma (L.K.G.-A)
- n. Rajnandini (L.K.G.-B)
- o. Vansh Hemnani (L.K.G.-D)



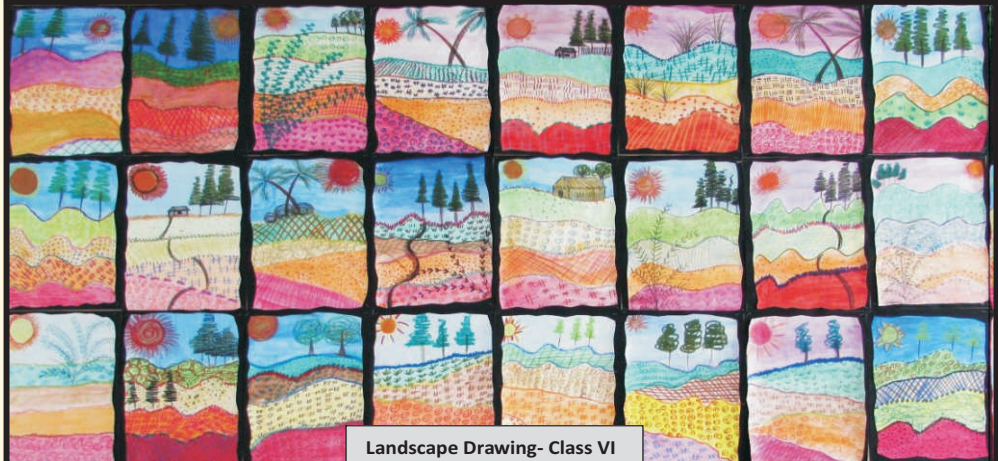
Class VIII



Inspired by Jamini Roy Lady Portrait- Class VIII



Inspired by Jamini Roy Bird Art- Class VI



Landscape Drawing- Class VI



Sunset Landscape - Class VII



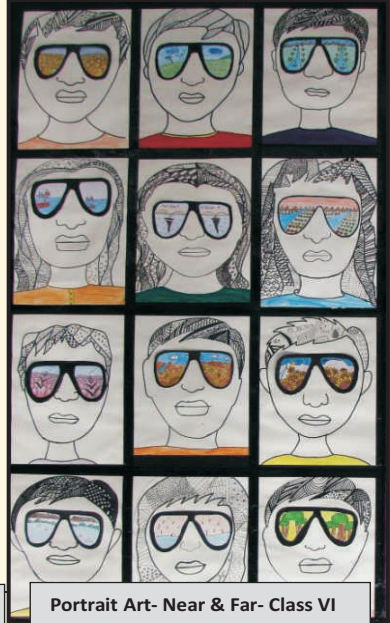
Colour Value Tree Art- Class VII



Self Portrait Art- Class VIII



Inspired by Jamini Roy Bird Art- Class VI



Portrait Art- Near & Far- Class VI

Creative Co-curricular Zone

Everyone loves to listen to stories. If Story-Telling is made into an interesting and interactive activity where the listeners also

imagination, empowerment and creativity. Cooking is the art of adjustment. The students of classes IV and V came up with a

of the fruit. Other than this, they recited a fruit song and learned about good eating habits. With this the students made a step forward towards healthier living.

Elocution refers to one's capacity of articulating beliefs and ideas with the use of exact speech, modulation and gestures.

Hindi Choral Elocution was conducted for the students of classes I to III on October 10, 2019 where the students recited poems, showcasing the values and principles of Gandhiji with confidence and correct pronunciation and clarity. Poetry enriches the art of learning. It helps the students to endeavour memorization skills with the development of phonemic and physical and sense of rhythm.

Poetry and rhymes are the best source of learning and at a crucial age of development, nursery



Delicious delicacies decorated by students

participate in telling, guessing, manipulating, it could be a joyous learning experience. Story-Telling

“What's Cooking” activity on October 11, 2019. Students brought raw materials from home and made sandwiches, salad, sprouts and a lot of delicacies.



was conducted for students of classes I to III on October 11, 2019. The students narrated various stories and presented morals from them. It was a fun learning experience.

Cooking with kids is not just about ingredients, recipe and cooking. It's about harnessing



Following this, “Fruit Time Activity” was conducted for the students of classes L.K.G. and H.K.G. on November 26, 2019. Students were served and briefed about the colour, taste and seed



rhymes play a vital role in making learning interesting and effective. An activity was conducted for the students of classes H.K.G. and L.K.G. on November 28 and 29, 2019 respectively to teach good manners and etiquette in an interesting way. The students recited various rhymes and made learning a joyful activity.

CAMPUS STARS

Academics

Congratulations!



Rochak Jain (XII-Com.A) was awarded 'The B.V. Pant Gold Medal' for the Best All-Round Student and as the Best Diplomat at Model United Nations for the Year 2019-20



Anjali Sharma (XII-Arts) was awarded 'The V.V. John Memorial Running Trophy' for Creative Writing and 'The Neena Thakkar Running Shield' for the best student in the Senior-most Class for the Session 2019-20



Arjun Bachani (IX-B) was awarded 'The Gaurav Bhardwaj Trophy' for the best student in Computer Science

(L to R): Ruddraksh Joshi (XII-Arts), Shivam Choudhary (XII-Com.) and Salonee Yadav (XII-Sc.) were awarded 'The Gilroy Martins Gold Medal' for Academic Excellence for securing the highest marks in the Class XII Board Examination (2019) in Arts, Commerce and Science Faculties respectively



Lakshya Narwani (X-F) was awarded 'The Raj Narain Sharma Gold Medal' for the best student in General Knowledge



(L to R): Vishwas Sharma (XII-Com. A), Abhishek Soni (XII-Sc.) and Shripal Singh Naruka (XII-Arts) were awarded the Running Shield for the best student in Commerce, Science and Arts Faculty respectively



(L to R): Swapnil Goyal (V-A) and Lakshya Bachani (V-A) were awarded 'The B. Martins Running Shield' for the best student in Primary Section. Swapnil was also awarded for being the best student in Computer Science



Adamya Sharma (X-F) was awarded the Running Shield for the Best English Debater and The Principal's Prize for outstanding performance at Intra-School and Inter-School activities



Arjun Bachani (IX-B) secured the second position in the Inter-School English Debate held at East Point Sr. Sec. School, Ajmer. Our school was awarded the runners-up trophy



(L to R): Anmol Surana (XI-Com.A) and Sakshi Sharma (XII-Sc.) were awarded 'The Manohar Devi Mathur Memorial Running Shield' for the Best Hindi Debater

Shubh Bansal (X-A) was awarded for Academic Excellence for securing the highest percentage of marks in the Class X Board Examination 2019

Sports

Group I



Group II



Group III



(L to R): Kabir Bhatia (XI-Sc.), Krati Sharma (X-D), Dev Kishan Mirchandani (IX-A), Lalita Choudhary (X-B), Harsh Yadav (VII-E), Lakshita Rathore (VII-E) were declared the Best Athletes in the various groups for the Session 2019-20



Dhruv Tak (XI-Arts) was awarded the Running Shield by St. Stephen's School Society for the Best Sports person (2019-20)



Krati Sharma (X-D) was awarded the Running Shield by St. Stephen's School Society for the Best Sports person (2019-20) and 'Dr. (Mrs.) Deepa Martins Shield' for the Best Athlete (2019-20)



Manas Raizada (XI-Sc.) was awarded 'The Asim Sharma Award' for the Best Cricketer (2019-20)



(L to R): Puneet Joshi (VIII-E), Lakshit Sharma (IX-D), Archit Jain (X-D), Kartik Sharma (X-F) and (inset) Deepender Singh Rathore (X-B) secured the second position in the 64th District Level (Under-17) Badminton Championship held at St. Stephen's School, Ajmer

Kartik also secured the third position in the individual event and also participated in the 64th State Level (Under-17) Badminton Championship held at Jaisalmer



(L to R): Pratibha Choudhary (VIII-C), Garima Pradutt (IX-C), Aayushi Choudhary (IX-C), Deepti Ubana (IX-D) and Krati Sharma (X-D) secured the first position in the 64th District Level (Under-17) Badminton Championship held at St. Stephen's School, Ajmer.

Krati Sharma also secured the second position in the individual event



(L to R): Parth Tripathi (X-C), Raghvendra Singh (X-D), Prakhari Choudhary (XI-Arts), Charchit Jain (XII-Arts) and Sahil Bhati (XII-Arts) secured the third position in the 64th District Level (Under-19) Badminton Championship held at St. Stephen's School, Ajmer



(L to R): Krati Sharma (X-D), Ayushi Choudhary (IX-C) and Deepti Ubana (IX-D) participated in the 64th State Level (Under-17 and Under-19) Badminton Tournament held at Government Shri Kishanlal Garg Sr. Sec. School, Dungarpur



(L to R): Dhruv Tak (XI-Arts) won the silver medal in the 200m Under-17 category at 64th District Level Athletics Tournament held at Government Oswal Jain Sr. Sec. School, Ajmer
He also participated in 64th State Level (Under-17) Football Tournament held at Government Nutan Sec. School, Bundi
He also participated in the State Level (Under-17) 200m and 400m Relay held at Govt. Sr. Sec. School, Devroad



(L to R): Kabir Bhatia (XI-Sc.), Raghav Sharma (XI-Com.B), Kaustubh Badhana (XI-Com.A), Ramniwas Gurjar (XI-Arts) secured the second position in the 4x100m Relay at the 64th District Level (Under-19) Athletics Tournament held at Govt. Oswal Jain Sr. Sec. School, Ajmer



(L to R): Ronit Panwar (VII-B), Tarun Bhakal (VII-E) and Harshit Joshi (IX-C) participated in the 64th (Under-17) State Level Gymnastics Tournament held at Govt. Girls Sr. Sec. School, Sri Ganganagar



(L to R): Dhruv Tak (XI-Arts), Kabir Bhatia (XI-Sc.), Priyanshu Solanki (XI-Com.B) and Ramniwas Gurjar (XI-Arts) secured the third position in the 4x100m Inter-School Relay Annual Athletic Meet held at Rashtriya Military School, Ajmer



(L to R): Arnav Khatri (VIII-A), Bhavesh Parihar (IX-A), Aayush Vajpayee (IX-E), Rohit Singhal (IX-F), Karan Naranja (XI-Com.B) and Aditya Pratap Singh Chundawat (XI-Sc.) secured the third position in the 64th District Level (Under-17) Basketball Championship held at Government Sr. Sec. School, Hathi Kheda, Ajmer

Co-curricular Activities



(L to R): Geetanshi Jain (VI-D), Dhruv Gehlot (VII-E), Arjav Jain (VI-C), Aditya Mathur (VI-C) and Samarth Kajot (VI-D) were among the 43 participants in the 'Thaila Banao Abhiyan' organised by 'My Clean School, Ajmer' society to mark the 150th birth anniversary of Mahatma Gandhi. They were awarded for their creativity.

Arjav was declared the winner among the first best five participants



Manan Chaurasia (IX-D) has been selected for an INSPIRE Award-Manak 2019-2020, for preparation of Science project/model and to participate in the District Level Exhibition and Project Competition (DLEPCs) to be organized by the District Education Authority

WORDSCAPE

In this edition, the students have marked Gandhi's 150th Birth Anniversary through poems and pictures which depict his sacrifices and the role that his values played in laying a strong foundation for gaining Independence from the British. It is a glance at the various philosophies he propagated and followed.

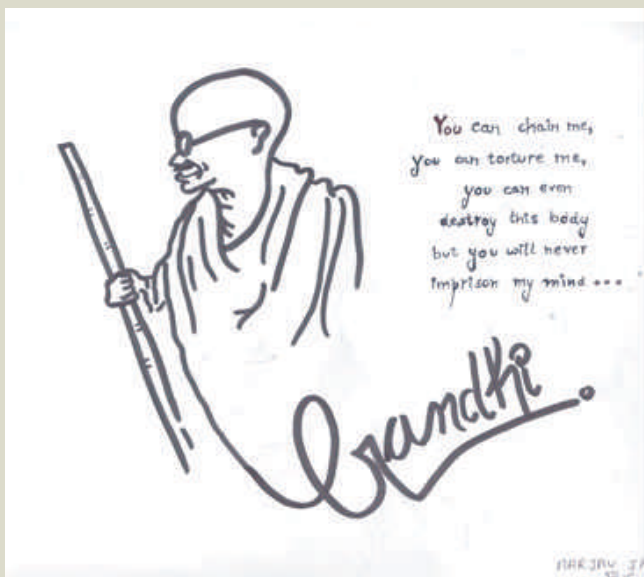


Akshita Sharma (XI-Arts)

MAHATMA

Be the change,
You wish to see in the world.
Mahatma was an angel
Compassionate from every angle
Meaning of Mahatma is 'A Great Soul'
To make India free was his goal
His weapons were Truth and Non-Violence
without sword or gun he fought for his nation.
And the battle was won
Independent India was his creation
He was born only to give freedom to our nation,
His legacy is 150 years old
But he was, he is and he will be,
To our nation, more precious than gold.

Harshit Adwani
VII-B



Arjav Jain (VI-C)

TRUTH

Don't stop your mind from growing,
To grow it needs only you to be truthful.
So that no stress will occupy your mind
For a good man, is always truthful & kind.
If you lie, then your mind will perish,
So stop your mind from dying,
Rather reveal the truth.
If you don't,
Then you keep on struggling in your mind.
So, let the flowers of truth blossom
And your mind and your thoughts bloom.

Keshav Sharma
VII-B



Ashutosh Prajapati (VI-C)

Mahatma Gandhi

He was universally loved and respected as the Father of our Nation. A truly great man he was. He inspired people to make sacrifices and live selflessly in a way no one else has done earlier. He made heroes out of ordinary men. He saw things through his soul that eyes cannot. His life was a unique and great path. The path was full of greatness, problems and solutions too. He was a simple man wearing a hand-woven dhoti, his spectacles, and holding his dandi. His charkha has been a part of his struggling life. He was a great struggler. Today also, he is a great inspiration for all of us.

Charvi Patel
VI-C



Abhimanyu Gupta (VIII- B)

True Acronym of Gandhiji

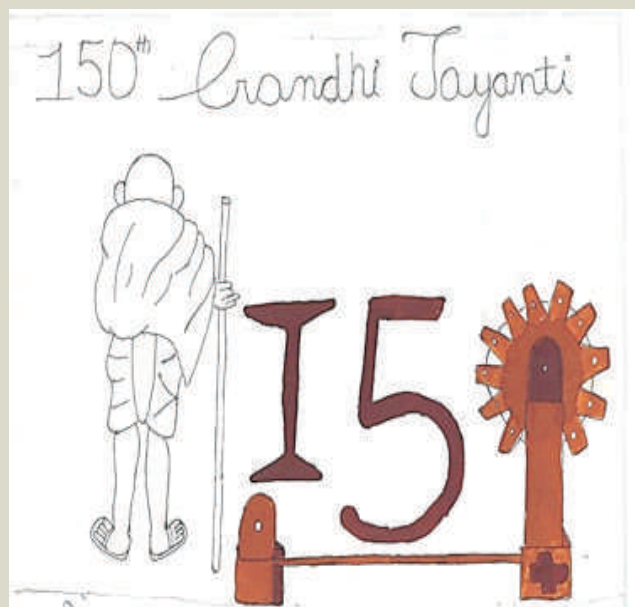
Great you are
A man who made us proud
Not letting anyone lie
Doing works of truthfulness, wellness, putting
out fire of hatred
Honesty is the best policy; was the principle of
your life
Indispensable, who set high standards of priority
judicious and wise.
Indispensable you were, and made my country
feel proud.

Inaya Siddiqui
VIII-B

Our Country's Need: GANDHIJI

Simple, a man he was, full of passion
His love, peace and non-violence
Made us a free nation
We call him the Father of the Nation.
He was indiscriminating, defending, undisputed;
Loved the ones who were marginalised.
“You can shake the world in a gentle way;”
His policies drove the British back home.
“Forgiveness is the attribute of the strong;”
No one can ever prove him wrong.
He was bold enough,
Firm and stubborn but never rough.
Truth and non-violence are what he taught,
With these, our freedom he sought.
His message to us is simple and clear;
If ignored, the price we pay is dear.
I dream a dream, will my dream come true?
My country needs you.
Will you be born again?
My country needs you.

Ruchita Bothra
VIII-B



Ashutosh Prajapati(VI-C)

Hard to believe

It is hard to believe
A man so simple
Rose so high to become
The Father of the Nation.

It is hard to believe
He fought for freedom
Without guns and cannons
Won our freedom.

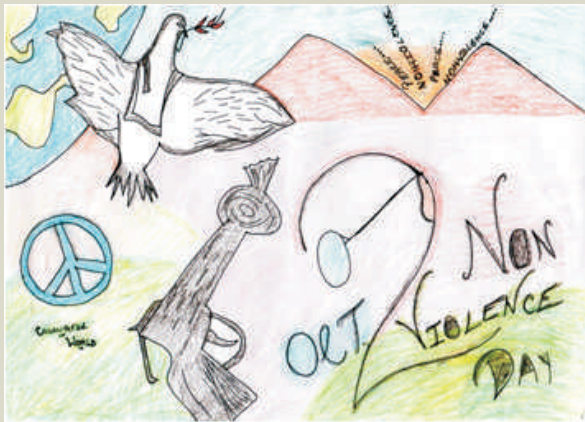
It is hard to believe
He taught us to fight
Without sabre and sword
Paved the way with non-violence.

It is hard to believe
Working for the poor and underprivileged
Against all odds
Teaching them their rights.

It is hard to believe
He stood against inequality
Despite all opposition
He gave them freedom and serenity.

Developed the concept of
Sanitation and cleanliness
His visions and teaching
The foundation and necessity for the
present and future.

Naisha Shrivastava
VIII-B

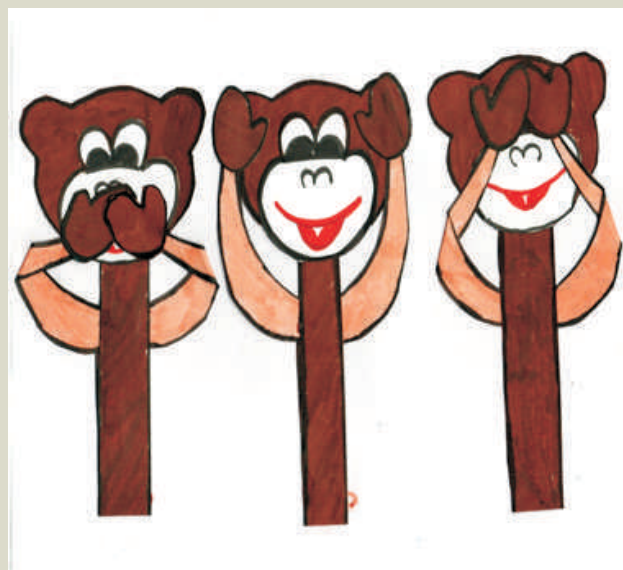


Pulkit Mathur (VII-B)

The Symbol of Peace - Mahatma Gandhi

He, the saint of Peace and Non-violence,
Taught the world at large;
That hatred and violence
Are nothing else but a curse,
“Rise, awake and shake off the slavery”
He called his countrymen, far and near,
And lo! The mighty empire shook
To quit India forever.
“God is Truth and Truth is God”
What he preached and believed –
That human race is one –
Without any caste or creed.
His love, pity and kindness,
Conquered many heart and people.
Without any wealth and kingdom,
He was the sage of one and all.
Fatal bullet could only pierce his body,
But not his immortal soul.
Let us bow and take a pledge –
His ideals will always be our goal.

Jiya Chandiramani
VIII-B



Mayank Chelani & Lakshya (VI-C)

Holy Man

Latest to arrive, in the array of Holy Men
Your beginnings were very humble,
No one knew the power within you then,
You made the British Empire crumble.

Hard to imagine, a man like you lived
Two thousand years after Buddha's death.
You poured life, into his teachings, and revived
Non-violence: your mantra, your strength.

You dedicated your life for achieving freedom
For the ancient, richest country on earth
Humiliated and exploited by some
Of patience and courage, in you there was no
dearth.

You achieved freedom through non-violence
Crumbling the mighty Empire to its knees;
You preached simplicity and taught tolerance
Your coming to this earth had made
The Britishers face defeat.

Tanmay Kachhawa
VII-B



Lakshya & Mradul Mishra (VI-C)

Principle of Honesty

Honesty is the best policy is a famous proverb which reflects the importance of truthfulness, loyalty and integrity in the life of an individual. Honesty is one of the most important principles that Mahatma Gandhi followed in his life. He demonstrated the qualities and features of honesty and integrity throughout his life. Honesty makes a person courageous whereas a dishonest person is always fearful of his bad conduct. It also helps in building strong relationships amongst individuals and gives them mental peace and happiness in the long run.

Shlokk Maheshwari
IV-A

Peace – A breeze

What can one say about peace,
It comes and goes like a free breeze.
Now this breeze is lost forever

It never will be back, never!

Now, what to do, what not to do

A problem yes, but not too difficult to think
through.

Making posters on peace, and raising our
voices,

Do we have a chance

To bring the breeze of peace back?

And when the breeze is back, in full swing,
The Song of Goodwill, Humanity & Love,
We will sing.

Trishla Jain
X-D

Interview- Ms. Baljeet Kaur Virdi



On November 17, 2019, the Eduleaders Summit recognised Ms. Baljeet Kaur Virdi, (T.G.T.) of St. Stephen's Sr. Sec. School, Ajmer, for her pioneering and innovative approach to education and focus on the holistic development of a child in the segment of K-12 education in the country. She was awarded the Shiksha Gaurav Award 2019, for Experiential Learning in Education by the CED Foundation Trust. In order to know her better as an academican, a brief interview of her was taken:

-What difference has this award made in your career?

Ans. The journey for this award was not very easy. It demanded hard work and of course complete dedication to find innovative ways to teach. It has given a new dimension to my career as an educator. It has motivated me to connect with other eminent educators and to incorporate their teaching-learning ideas into my teaching so as to make learning easy and enjoyable.

-What inspired you to be an educator?

Ans. Every person has a role model. For me, it was my mother. She had been an effective teacher for 45 years and the satisfaction on her face at the end of the day inspired me to follow her footsteps to opt for the same.

-What is your greatest achievement till date as an educator?

Ans. When I see my students reaching places where they wanted to be, gives me immense pleasure and is my greatest career achievement till date as an educator.

-What thought led you to first certify through Experiential Learning?

Ans. Experiential Learning is the process of learning through experience. It is a constructive method which enables the learner how and when to use their knowledge efficiently. It makes learning an experience.

-What is the most creative thing you have done to engage yourselves with children?

Ans. The best way to engage oneself with children is to keep the child in you alive and to be a part of learning, and this is what I often do while dealing with my children. I engage with children by being a part of their learning. I try to present the subject content in the form of Graphic Organizers and Mind Maps to develop interest in them. Rather than theoretically, I ensure that my teaching material speaks to them i.e. they are able to connect it with their experiences, promote peer-teaching as they learn better with their friends, have icebreakers and above all I teach them self-monitoring skills.

-How do you encourage your students towards a more holistic development of a student?

Ans. I try to understand their field of interest and motivate them to pursue their dream. I try to create a comfortable and safe environment for the students and try to connect them with me. I try to set myself as an example for them and be their role model because as Henry B. Adams said, "A teacher affects eternity; he can never tell where his influence stops." So, we aim to attain maximum goals by the end of the year with flying colours.

Thank You Ma'am

वीर किसे कहते हैं?

जो दिल में इक विश्वास जगाए
बुराइयों का शीश झुका पाए
और मात्र अहिंसा के बल पर
मिट्टी का कर्ज चुका पाए ।

जो हृदय में भर एक लगन
अंग्रेजों के सामने अड़ जाए
अछूतों के हित के लिए
समाज से लड़ जाए ।

कुछ होते हैं ऐसे जो
इतिहास बनाया करते हैं
प्रतिशोध नहीं लेते अपितु
प्रतिबिम्ब दिखाया करते हैं ।

रघुपति राघव में आस तो थी
परन्तु मंदिर, मस्जिद में कभी नहीं बँटे
दर्पण अनुचित का दिखाने में
वे कभी पीछे नहीं हटे ।

पतली-दुबली काठी लेकर
इक डोर से बाँधा भारत को
मुँह तोड़ जवाब दिया
अंग्रेजों की कूर इबारत को

इसीलिए तो लोगों ने
उन्हें बापू का है नाम दिया
इन्हीं महात्मा को जग ने
नत मस्तक हो प्रणाम किया ।

खुशी टौरानी
कक्षा- दसवीं द

मौन

जो मौन रहे, उन चेहरों पर,
गंभीरता का भाव आता है ।

उन्नति का कारोबार सदा,
मौन के दम पर बढ़ता जाता है ।

सप्त ऋषियों का मौन, रहना सिखलाता है,
आत्म-शांति एवं ज्ञान मौन रहकर ही आता है ।

क्या सुना कभी, कोई छात्र कहीं,
मौन रहा, कुछ बना नहीं ।

मौन रहने में जो आनन्द है,
वह अपनों को समझाता है ।

बीज लगे जैसा दिल पर,
फल वैसा लगता जाता है ।

बिन उत्तर के प्रश्नों का,
समाधान हो जाता है ।

अंतःश्चेतना में विचर-विचर,
भवसागर से तिर जाता है ।

प्राज्ञ गौड़
कक्षा- दसवीं अ



Prachi Jain (VIII- B)

संयम और धैर्य

**यस्त्विन्द्रियाणि मनसा नियम्यारभतेऽर्जुन ।
कर्मेन्द्रियैः कर्मयोगमसक्तः स विशिष्यते ॥**

इस असंयमित रूप से विकास की ओर अग्रसर विश्व में प्रत्येक प्राणी स्वयं पर से अपनी पकड़ या स्वयं पर से अपना आधिपत्य खोता जा रहा है अर्थात् वह असंयमितता की ओर बढ़ता जा रहा है, अनियंत्रित होता जा रहा है। न उसका मन उसके नियंत्रण में है, न विचार, न चाल और न ही चलन। सब कुछ इस बाहरी दुनिया को प्रभावित करने के लिए किया जा रहा है जिसे हमारे अस्तित्व तक से मतलब नहीं। ऐसे में हमें स्वयं से प्रश्न पूछने की आवश्यकता है कि क्या संयम के अभाव की स्थिति हमें प्रगति की ओर ले जा रही है या हमारे पतन का कारण बन रही है?

निःसंदेह इससे हमें ज्ञान होगा कि हम एक घातक भविष्य को आमंत्रित कर रहे हैं जिसमें हमारी प्रतिक्रिया हम पर नहीं अपितु दूसरों पर निर्भर करेगी। आज भी यदि हम अपने आसपास देखें तो पाएंगे कि मानव अपनी सहन शक्ति के न्यूनतम स्तर पर है अर्थात् संयम धारण एक जर्जर स्थिति में है। अधीरता से मानव बस अपने भाव व्यक्त करने को आतुर है। समय विशेष की आवश्यकता को समझे बिना वह बोलना, क्रोध करना, सुख व्यक्त करना चाहता है। यह और कुछ नहीं मात्र धैर्यहीनता और असंयमितता को परिलक्षित करता है। यदि हम इसके परिणाम के संदर्भ में बात करें तो रहीमदास जी का एक दोहा ही पर्याप्त है—

**बिगड़ी बात बने नहीं लाख करो किन कोय ।
रहिमन फाटे दूध को, मथे न माखन होय ॥**

हमें यह समझने की आवश्यकता है कि यदि हम धैर्य धारण कर किसी अनुकूल परिस्थिति में क्षमा याचना कर लें या क्षमा प्रदान कर दें तो न शारिरिक हिंसा होगी, न मानसिक हिंसा। यदि हम श्रीमद्भगवद् गीता का स्मरण करें तो श्री कृष्ण द्वारा कहा भी गया है कि जो व्यक्ति अपनी इंद्रियों पर, अपने व्यवहार पर नियंत्रण स्थापित कर लेता है वह मानव श्रेष्ठ है, उत्तम है। अतः यदि हम दूर दृष्टि रख संयम और धैर्य को हमारे चरित्र में उतारें तो न सिर्फ हमारा भला होगा अपितु एक उत्तम समाज का निर्माण भी होगा।

अनमोल सुराणा
कक्षा—ग्यारह वाणिज्य अ

अहिंसा परमो धर्मः

**‘परम धर्म श्रुति बिदित अहिंसा,
परनिंदा सम अघ न गरीसा’**

जब भी अहिंसा की बात आती है, तो हमारे मन में मात्र हिंसा न करने का विचार आता है। अहिंसा को सबसे बड़ा धर्म यूं ही नहीं कहा जाता है। अहिंसा हमारे बुद्ध पुरुषों यथा भगवान महावीर, गौतमबुद्ध और महात्मा गाँधी जैसे नीतिवान व्यक्तियों के जीवन का मूल रहा है। अहिंसा हमें सहअस्तित्व की भावना का बोध कराती है, जहाँ हम सभी के साथ एक समान व्यवहार करते हैं। हमने कभी भी किसी को स्वयं के साथ हिंसा करते हुए नहीं देखा है। जब हम सारी सृष्टि को अपना समझेंगे, ‘वसुधैव कुटुम्बकम्’ की भावना को चरितार्थ करेंगे तो हिंसा का अंत निश्चित है।

अहिंसा का हमारे जीवन एवं दिनचर्या पर बहुत सकारात्मक प्रभाव पड़ता है। हमारे भीतर संवेदना एवं चैतन्य का विकास होता है क्योंकि दूसरों के हित से बड़ा कोई धर्म नहीं और दूसरों की निंदा या किसी को पीड़ा पहुंचाने से बड़ा कोई अधर्म नहीं। अक्सर देखा जाता है कि हम तन की हिंसा से तो बच जाते हैं परंतु मन और वचनों की हिंसा से अपने आपको बचा नहीं पाते हैं।

रामचरितमानस में भी स्पष्टतः कहा गया है कि अहिंसा परम धर्म है किन्तु किसी की निंदा अर्थात् वाचिक हिंसा के समान भारी कोई पाप नहीं है। अहिंसा हमें ‘जियो और जीने दो’ के मार्ग का अनुसरण करने की प्रेरणा देती है, जहाँ हम स्वार्थ से ऊपर उठकर प्राणी मात्र के कल्याण की कामना करते हैं। अहिंसा हमें राग, द्वेष एवं क्रोध से मुक्ति दिलाती है और हमारे चरित्र को ऊपर उठाने में अहम् भूमिका निभाती है।

अहिंसा के मार्ग का अनुसरण कर ही हम श्रेष्ठ मनुष्य, परिवार, समाज और राष्ट्र निर्माण की कल्पना को साकार कर सकते हैं।

सिद्धार्थ जैन
कक्षा— ग्यारह वाणिज्य अ

प्रेरणीय बापू

बापू एक ऐसा नाम है जिसे किसी भी पहचान की जरूरत नहीं है। बापू भारतीय स्वतंत्रता संग्राम के सबसे प्रमुख नेताओं में से एक थे जो न केवल एक नेता बल्कि निष्काम कर्मयोगी, तथा सच्चे अर्थों में युग पुरुष थे। भारत एक ऐसा देश है जिसे पूरे विश्व में आज पूजा जा रहा है और उसे स्थापित करने में सबसे बड़ा हाथ था बापू का, जो यह मानते थे कि व्यक्ति अपने विचारों के सिवाय कुछ नहीं है, वह जो सोचता है वह बन जाता है। वह धैर्य का दूसरा नाम थे। भारत जैसे देश की महानता और उस की नैतिक उन्नति का महान कार्य उनसे श्रेष्ठ कोई नहीं कर सकता था। वह भारत के गौरव थे। वह एक महान व्यक्ति थे। महात्मा गाँधी के व्यक्तित्व ने भारतीय आचार-विचार और रीति-नीति को विश्वपटल पर स्थापित करने में अहम् योगदान दिया है। हम सभी के लिए वे प्रेरणीय हैं।

अक्षिता शर्मा

कक्षा-ग्यारह कला

सत्य और अहिंसा के पुजारी-बापू

2 अक्टूबर 1869 में गुजरात के पोरबंदर में एक ऐसे आलोक का जन्म हुआ जिसके तेज के आगे कई हथियार धारी दुश्मन भी सिर झुकाने को मजबूर हो गए। हम सब के पिता श्री मोहनदास करमचंद गाँधी जी पेशे से वकील थे। लंदन से वकालत पढ़कर जब वे 1915 में भारत लौटे तो अपने देश को पूर्णतः अंग्रेजों के वश में देख चिंतित हो गए। 'सत्य' और 'अहिंसा' अपने इन्हीं दो हथियारों से अंग्रेजों को इस देश से बाहर निकाल फेंकने की ठान ली। विदेशी धागों को त्याग उन्होंने खुद ही खादी बनाया और स्वदेशी का महत्व समझाया। उनके इन्हीं छोटे-बड़े प्रयासों से आज हम सब एक आजाद भारत के निवासी हैं। हम सभी का यही कर्तव्य है कि बापू के दिखाए मार्ग पर चलें और उनके द्वारा हम पर किए गए उपकारों का आभार व्यक्त करें।

रिमझिम जैन

कक्षा-ग्यारह वाणिज्य अ

सेंट स्टीवन्ज विद्यालय के कला शिक्षक श्री बच्चन सिंह जी को हाल ही में राजस्थान बुक ऑफ रिकॉर्ड्स से सम्मानित किया गया। संपादक मंडल (विद्यार्थी) द्वारा आपका साक्षात्कार लिया गया। प्रस्तुत हैं उसके कुछ अंश-

साक्षात्कार-श्री बच्चन सिंह



-नमस्ते सर !

• नमस्ते!

-सर! आपको हाल ही में आपकी अद्भुत प्रतिभा 'राइस आर्ट' के लिए 'राजस्थान बुक ऑफ रिकॉर्ड्स' द्वारा सम्मानित किया गया। हमारे लिए यह गर्व की बात है।

• धन्यवाद बच्चों।

-हमारे मन में कुछ जिज्ञासाएँ हैं जिनका समाधान हम आपसे कुछ प्रश्न पूछ कर करना चाहते हैं।

• हाँ, हाँ, अवश्य।

-आपको चित्रकला में रुचि कैसे आई?

• जब मैं 6-7 साल का था तब खेत में बकरी चराने जाता था। उस समय दयानंद कॉलेज के लड़के लैंडस्केप बनाने आते थे। उन्हें देखकर मुझे यह लगा कि मैं भी यह आर्ट बनाऊँ और तब से मैं यह आर्ट बनाने लगा।

-क्या आपके पूर्वज या परिवार के किसी अन्य सदस्य को इस में रुचि थी?

• मेरे पूर्वजों को आर्ट में कोई रुचि नहीं थी। मगर थोड़ी बहुत आर्ट तो सभी में है।

-आपको इस मिनिएचर कला के लिए किसने प्रेरित और प्रभावित किया?

• इसमें मेरे माता-पिता और डॉ. अशोक मित्तल का विशेष सहयोग रहा और सावित्री कॉलेज की प्राचार्या श्रीमती सुधा श्रीवास्तव ने भी मेरा हौसला बढ़ाया। मेरे इस मुकाम तक पहुँचने में इन सभी का बड़ा योगदान है।

—आपने राइस आर्ट बनाने के लिए किन-किन उपकरणों का उपयोग किया?

- राइस, बाइस, गिलहरी की पूँछ का बाल और सुई।

— एक चावल के दाने पर लिखने के लिए आपको कितना धैर्य रखना पड़ता है?

- चावल के दाने पर लिखने के लिए मुझे 12 घंटे पहले खाना बन्द करना पड़ता है। इसे बनाते वक्त मुझे सांस भी बहुत धीरे लेनी पड़ती है। हार्टबीट पर संयम रखना पड़ता है। ज्यादा तेज हवा में नहीं बैठा जाता है। ज्यादा मक्खी-मच्छर नहीं होने चाहिए। कोई आवाज भी नहीं आनी चाहिए, तब ही यह राइस आर्ट बनती है।

—आपको यह राइस आर्ट बनाने में करीब कितना समय लगता है?

- इसमें ढाई से तीन घंटे का समय लगता है और यदि किसी का पोर्ट्रेट बनाना है तो उसमें 15–20 मिनट का समय लगता है और यदि उस पर कुछ लिखना है तो 3 से 12 घंटे भी लग सकते हैं।

—इस कला के दौरान आपकी आँखों पर क्या प्रभाव पड़ा?

- इस कला के लिए आँखों की जरूरत ही नहीं पड़ती है— चाहे आप मेरी आँखों पर पट्टी ही बांध दें तब भी मैं बना सकता हूँ।

—आपको इस कला के अलावा किस क्षेत्र में रुचि है?

- मुझे पेड़-पौधे लगाने में, उनकी सार-संभाल करने में रुचि है। इसके साथ ही जुगाड़ बनाने में भी रुचि है। कोई काम अटका हुआ है तो उसे कोई भी जुगाड़ लगा कर उसे पूरा करने में भी रुचि है।

—आपको प्रदर्शनी लगाने के दौरान किस प्रकार के विचार आए?

- जब लोगों ने मेरी यह प्रदर्शनी देखी तो मेरे मन में विचार आया कि जितने ज्यादा लोग मेरी प्रदर्शनी देखेंगे मुझे उतनी ही खुशी मिलेगी, वही मेरा ईनाम होगा।

—इस राइस आर्ट के लिए आपको कौन-कौन से पुरस्कार मिले?

- मुझे मिनिस्ट्री ऑफ इण्डिया, राजस्थान बुक ऑफ

रिकार्ड्स तथा प्रशासन के द्वारा स्वतन्त्रता दिवस पर सम्मानित किया गया और अब मैं इण्डिया और लिम्का बुक ऑफ रिकार्ड्स में पंजीकरण के लिए प्रयासरत हूँ।

—राइस आर्ट के बारे में कुछ बताइए?

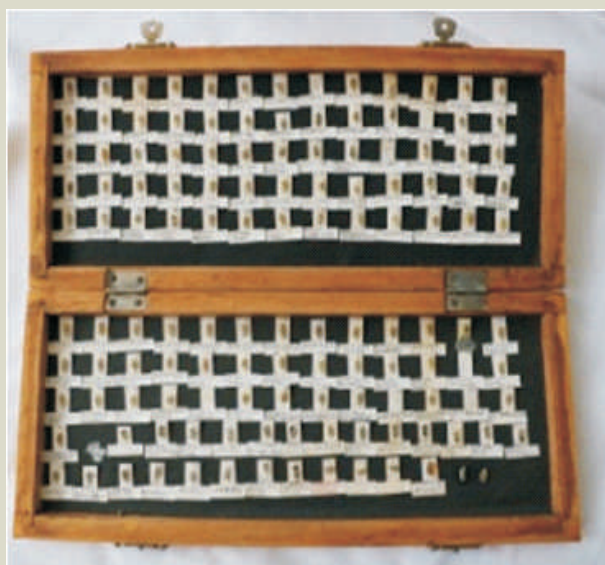
- राइस आर्ट का उपयोग 14–15 वीं शताब्दी में राजाओं द्वारा गुप्त सन्देश भेजने हेतु किया जाता था।

—आज विद्यार्थी जहाँ अपने विषय विशेष पर ही ध्यान देते हैं वहाँ आप उनका ध्यान चित्रकला की ओर आकर्षित करने के लिए क्या सन्देश देना चाहेंगे?

- जब विद्यार्थी मुझे यह आर्ट बनाते समय देखेंगे तभी उन्हें प्रेरणा मिलेगी यह आर्ट बनाने की। और यह देखकर उनमें अनुशासन की भावना भी आएगी। मैं विद्यार्थियों को यही संदेश देना चाहूँगा कि वे अपने रुचि के विषय को सदैव सर्वोपरि रखें तथा अपनी कला, कौशल आदि को भरपूर पोषित करें। विद्यार्थी इस माध्यम से अपनी संस्कृति तथा परंपरा को जीवित रखने का स्तुत्य प्रयास भी कर सकते हैं।

धन्यवाद सर।

सर बच्चन द्वारा एक चावल के दाने पर किये गए कुछ अद्भुत कृत्य—



BACKDROP

Exploring Our Heritage



The students of Class XI and XII went on an Educational Tour to Jaipur. They visited Amber Fort, City Palace, Jantar Mantar, Hawa Mahal, Jal Mahal and Birla Temple.

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